

8.	The dynamics of transference	86
8.1	<i>The nature and origin of transference</i> /	86
8.2	<i>Transference and resistance</i> /	87
8.3	<i>The transference resistance</i> /	90
8.4	<i>The enigma of the positive transference</i> /	92
8.5	<i>Function of the transference</i> /	94
8.6	<i>Transference and repetition</i> /	95
9.	Transference and repetition	96
9.1	<i>Resumé of chapters seven and eight</i> /	96
9.2	<i>Remembering and repeating</i> /	98
9.3	<i>Repetition as an explanatory principle</i> /	99
9.4	<i>Transference of impulses and defences: Anna Freud's solution</i> /	101
9.5	<i>Lagache's contribution</i> /	102
9.6	<i>The Zeigarnik effect</i> /	102
9.7	<i>Transference and habit</i> /	103
9.8	<i>Transference, reality and experience</i> /	106
9.9	<i>Transference WITHOUT repetition</i> /	107
10.	The dialectics of the transference according to Lacan	114
10.1	<i>Summary</i> /	114
10.2	<i>The dialectic of the analytic process</i> /	116
10.3	<i>Transference and countertransference</i> /	118
10.4	<i>The omitted dialectical inversion</i> /	120
10.5	<i>Brief review of some of Lacan's ideas</i> /	121
10.6	<i>The symbolic order</i> /	122
10.7	<i>Mirage of the transference</i> /	123
10.8	<i>Transference and historicity</i> /	124
10.9	<i>Lacanian management of the transference</i> /	125
11.	The theory of the <i>sujet supposé savoir</i> — the subject supposed to know	127
11.1	<i>The 'sujet supposé savoir' (the subject supposed to know)</i> /	127
11.2	<i>The subject supposed to know in the transference</i> /	129
11.3	<i>The transference and the symbolic order</i> /	130
11.4	<i>Constituting effect and constituted effects</i> /	132
11.5	<i>Final comment</i> /	133
	ADDENDUM <i>Signifier, repetition and transference</i> /	134
12.	The forms of transference	147
12.1	<i>Transference neurosis: Some specifications</i> /	147
12.2	<i>Transference neurosis and the healthy part of the ego</i> /	149
12.3	<i>Narcissism and transference</i> /	150
12.4	<i>On countertransference neurosis</i> /	153

12.5	<i>Transference love</i>	/	155	
12.6	<i>Clinical forms of erotized transference</i>	/	158	
12.7	<i>Selfobject transferences</i>	/	159	
13.	Transference psychosis			169
13.1	<i>Some historical references</i>	/	169	
13.2	<i>The theories of psychosis and the technical approach</i>	/	170	
13.3	<i>Transference psychosis and Kleinian theory</i>	/	171	
13.4	<i>Symbiosis and transference</i>	/	173	
13.5	<i>Transference in the borderline patient</i>	/	176	
13.6	<i>One of Kernberg's clinical cases</i>	/	181	
14.	Transference perversion			186
14.1	<i>Theoretical considerations</i>	/	186	
14.2	<i>The perverse ego</i>	/	188	
14.3	<i>Transference perversion</i>	/	189	
14.4	<i>Clinical material</i>	/	192	
14.5	<i>Final considerations</i>	/	197	
14.6	<i>Transference addiction</i>	/	198	
15.	Early transference			
	[1] Pre-Oedipal phase or early stages of the Oedipus complex			202
15.1	<i>Recapitulation</i>	/	202	
15.2	<i>Infantile neurosis</i>	/	203	
15.3	<i>Pre-Oedipal development</i>	/	204	
15.4	<i>The pre-Oedipal phase of relation with the mother</i>	/	205	
15.5	<i>The early stages of the Oedipus complex</i>	/	206	
15.6	<i>The origins of the transference</i>	/	207	
15.7	<i>Narcissism and object relation</i>	/	208	
15.8	<i>Transference and unconscious fantasy</i>	/	210	
15.9	<i>Instincts and objects in the transference</i>	/	210	
15.10	<i>Paranoid and depressive anxieties in the transference</i>	/	211	
16.	Early transference			
	[2] Primitive emotional development			213
16.1	<i>Introduction</i>	/	213	
16.2	<i>Primitive emotional development</i>	/	215	
16.3	<i>Primary narcissism according to Winnicott</i>	/	216	
16.4	<i>A psychopathological classification</i>	/	218	
16.5	<i>The good enough mother</i>	/	219	
16.6	<i>The processes of integration</i>	/	220	
16.7	<i>Primitive emotional development in the transference</i>	/	221	

17. On the spontaneity of the transference phenomenon 224
- 17.1 *Clinical material 1* / 224
- 17.2 *Clinical material 2* / 229
18. The therapeutic alliance: from Wiesbaden to Geneva 232
- 18.1 *The therapeutic dissociation of the ego* / 233
- 18.2 *The resistance of transference* / 234
- 18.3 *Regression and therapeutic alliance* / 235
- 18.4 *From Sterba to Zetzel* / 237
- 18.5 *Two types of regression* / 238
- 18.6 *After the Geneva Congress* / 239
- 18.7 *More about analytic regression* / 240
19. The non-transference analytic relation 242
- 19.1 *Transference and alliance* / 242
- 19.2 *Greenson's ideas* / 243
- 19.3 *A tripartite division* / 244
- 19.4 *Greenson and Wexler at the Rome Congress* / 244
- 19.5 *How to reinforce the therapeutic alliance* / 246
- 19.6 *The child's therapeutic alliance* / 248
- 19.7 *Therapeutic pseudo-alliance* / 249
20. Therapeutic alliance: discussion, controversy and polemics 251
21. Countertransference: discovery and rediscovery 259
- 21.1 *Origin of the concept* / 259
- 21.2 *Countertransference in the first half of the century* / 261
- 21.3 *The countertransference as instrument* / 264
- 21.4 *The concept of countertransference* / 267
- 21.5 *The countertransference and the setting* / 268
- 21.6 *Concordant and complementary countertransference* / 269
- 21.7 *Empathy* / 270
22. Countertransference and object relationship 281
- 22.1 *Projective counteridentification* / 281
- 22.2 *The development of Grinberg's investigation* / 282
- 22.3 *Normal countertransference* / 285
- 22.4 *A clinical case* / 287
- 22.5 *The countertransference neurosis* / 289
- 22.6 *Beyond projective counteridentification* / 291

23.	Countertransference and psychoanalytic process	293
23.1	<i>Direct and indirect countertransference</i> /	293
23.2	<i>Gitelson and the analyst's two positions</i> /	295
23.3	<i>Reactions to the patient as a whole</i> /	295
23.4	<i>Reactions to partial aspects of the patient</i> /	296
23.5	<i>Countertransference according to Lacan</i> /	297
23.6	<i>On the communication of countertransference</i> /	299
23.7	<i>Winnicott's ideas on countertransference</i> /	300
23.8	<i>Comments and qualifying statements</i> /	301
23.9	<i>Winnicott's new ideas</i> /	303
23.10	<i>Final summary</i> /	304

PART THREE

On interpretation and other instruments

24.	Materials and instruments of psychotherapy	307
24.1	<i>Psychotherapy and psychoanalysis</i> /	308
24.2	<i>Materials and instruments</i> /	309
24.3	<i>Instruments for influencing the patient</i> /	310
24.4	<i>Information-gathering instruments</i> /	313
25.	The concept of interpretation	318
25.1	<i>Instruments that inform</i> /	318
25.2	<i>Interpretation</i> /	321
25.3	<i>Information and interpretation</i> /	323
25.4	<i>Interpretation and insight</i> /	324
25.5	<i>Interpretation and meaning</i> /	325
25.6	<i>Operational definition of interpretation</i> /	326
25.7	<i>Interpretation and suggestion</i> /	327
25.8	<i>Final comments</i> /	328
26.	Interpretation in psychoanalysis	330
26.1	<i>Interpretation in Freud's writings</i> /	330
26.2	<i>Comprehension, explanation and interpretation according to Jaspers</i> /	332
26.3	<i>Bernfeld's classification</i> /	333
26.4	<i>The Anzieus' contributions</i> /	335
26.5	<i>Racker: some ideas</i> /	338
26.6	<i>The technical parameters</i> /	343
27.	Constructions	347
27.1	<i>Introduction</i> /	347
27.2	<i>Construction and interpretation</i> /	348
27.3	<i>The indicators</i> /	351
27.4	<i>Evaluation of the indicators</i> /	352
27.5	<i>Material truth and historical truth</i> /	354

27.6	<i>Construction and historical interpretation</i>	/	357	
27.7	<i>Construction and delusion</i>	/	360	
28.	Constructions of early development			361
28.1	<i>The 'Non vixit' dream and early psychic development</i>	/	373	
29.	Metapsychology of interpretation			378
29.1	<i>Interpretation from the topographic and dynamic point of view</i>	/	378	
29.2	<i>The economic point of view</i>	/	379	
29.3	<i>Latent negative transference</i>	/	380	
29.4	<i>Characterological resistance</i>	/	382	
29.5	<i>Reich's theoretical assumptions</i>	/	384	
29.6	<i>Shortcomings of the Reichian technique</i>	/	385	
29.7	<i>The use of positive transference to overcome resistance</i>	/	386	
29.8	<i>Fenichel's contributions</i>	/	387	
29.9	<i>Character and the theory of the libido</i>	/	390	
30.	Interpretation and the ego			391
30.1	<i>Psychoanalytic technique in crisis</i>	/	391	
30.2	<i>Wilhelm Reich's response</i>	/	392	
30.3	<i>In favour of intuition and surprise</i>	/	392	
30.4	<i>Anna Freud's ideas</i>	/	394	
30.5	<i>Intrasystemic conflict and intersystemic conflict</i>	/	395	
30.6	<i>The review of 1951</i>	/	396	
30.7	<i>Löwenstein's contributions</i>	/	399	
30.8	<i>Confluence of the two Freudian models</i>	/	400	
31.	Melanie Klein and the theory of interpretation			402
31.1	<i>Some antecedents</i>	/	403	
31.2	<i>The first works</i>	/	403	
31.3	<i>Hans, Dora and Fritz</i>	/	405	
31.4	<i>The Salzburg Congress</i>	/	405	
31.5	<i>The experience with Rita</i>	/	406	
31.6	<i>The Symposium on Child Analysis</i>	/	409	
31.7	<i>The key points of the controversy</i>	/	410	
31.8	<i>Interpretation in 'The Psycho-Analysis of Children'</i>	/	412	
31.9	<i>Interpretation in the latency period</i>	/	413	
31.10	<i>Some characteristics of Kleinian interpretation</i>	/	415	
32.	Types of interpretation			417
32.1	<i>Brief review</i>	/	417	
32.2	<i>Types of interpretation</i>	/	418	
32.3	<i>Historical interpretation</i>	/	419	
32.4	<i>Present (current) interpretation</i>	/	420	

32.5	<i>Interpretative tactics and strategies</i>	/	420	
32.6	<i>Transference interpretation</i>	/	421	
32.7	<i>Extratransference interpretation</i>	/	423	
32.8	<i>The complete interpretation</i>	/	425	
32.9	<i>Paula Heimann's correction</i>	/	428	
32.10	<i>On the register of unconscious fantasy</i>	/	430	
32.11	<i>Merton Gill's revision</i>	/	431	
33.	Mutative interpretation			433
33.1	<i>Background to Strachey's work</i>	/	434	
33.2	<i>Radó's parasitic superego</i>	/	435	
33.3	<i>The auxiliary superego</i>	/	437	
33.4	<i>The neurotic vicious circle</i>	/	438	
33.5	<i>Mutative interpretation</i>	/	440	
33.6	<i>Defining characteristics of mutative interpretation</i>	/	441	
33.7	<i>Extratransference interpretation</i>	/	442	
33.8	<i>Some applications of Strachey's scheme</i>	/	443	
33.9	<i>Strachey in Marienbad</i>	/	447	
33.10	<i>Strachey at the present time</i>	/	448	
33.11	<i>Strachey once more</i>	/	453	
34.	Interpretative styles			455
34.1	<i>Some antecedents</i>	/	455	
34.2	<i>Theory of communication</i>	/	457	
34.3	<i>The ideally plastic ego</i>	/	460	
34.4	<i>Models of reparation</i>	/	460	
34.5	<i>The patient's styles</i>	/	462	
34.6	<i>Complementary styles</i>	/	469	
35.	Epistemological aspects of psychoanalytic interpretation			471
	<i>Gregorio Klimovsky</i>			
35.1	<i>Introduction</i>	/	471	
35.2	<i>The gnoseological aspect</i>	/	473	
35.3	<i>The 'reading interpretation'</i>	/	474	
35.4	<i>The explanation-interpretation</i>	/	479	
35.5	<i>Some specific difficulties</i>	/	483	
35.6	<i>The semantic and instrumental aspects of interpretation</i>	/	487	
35.7	<i>Final reflections</i>	/	491	

PART FOUR

On the nature of the psychoanalytic process

36.	The analytic situation			497
36.1	<i>An attempt at definition</i>	/	497	
36.2	<i>Situation and field</i>	/	498	

- 36.3 *The analytic situation as a dynamic field* / 499
- 36.4 *On the concept of field* / 501
- 36.5 *Analytic situation and therapeutic alliance* / 503
- 36.6 *The primary narcissism of the analytic situation* / 505
37. Analytic situation and analytic process 508
- 37.1 *Brief review* / 508
- 37.2 *Situation and process* / 509
- 37.3 *Zac's three constants* / 510
- 37.4 *Contract and setting* / 511
- 37.5 *On the rules of the setting* / 512
- 37.6 *On the analytic attitude* / 514
38. The analytic setting 517
- 38.1 *Recapitulation* / 517
- 38.2 *Bleger's theses* / 518
- 38.3 *The setting that becomes process* / 519
- 38.4 *A clinical example* / 520
- 38.5 *The muteness of the setting* / 522
- 38.6 *Setting and symbiosis* / 522
- 38.7 *Meaning and function of the setting* / 523
- 38.8 *Other clinical material* / 525
- 38.9 *Setting and meta-setting* / 526
- 38.10 *Definition—a new attempt* / 527
39. The analytic process 529
- 39.1 *General discussion* / 529
- 39.2 *The concept of process* / 530
- 39.3 *On the nature of the psychoanalytic process* / 531
- 39.4 *Review of the main theories* / 533
- 39.5 *Weinshel's observations* / 534
- 39.6 *The Ulm process model* / 537
40. Regression and setting 540
- 40.1 *Therapeutic regression* / 541
- 40.2 *Discussion* / 546
- 40.3 *Commentary* / 552
- 40.4 *Arlow's and Brenner's ideas* / 554
41. Regression as a curative process 555
- 41.1 *On the concept of regression* / 555
- 41.2 *Regression in the service of the ego* / 556
- 41.3 *Brief review of Winnicott's ideas* / 558
- 41.4 *Regression according to Winnicott* / 560
- 41.5 *Of Winnicott's theory and technique* / 561
- 41.6 *An example taken from Masud Khan* / 563
- 41.7 *The basic fault* / 564

47.	Clinical aspects of termination	629
47.1	<i>Types of termination</i> /	629
47.2	<i>The indicators</i> /	631
47.3	<i>The post-psychoanalytic process</i> /	636
47.4	<i>The follow-up</i> /	637
48.	The technique of termination of analysis	639
48.1	<i>Introduction</i> /	639
48.2	<i>The models of termination</i> /	640
48.3	<i>The termination of analysis and mourning</i> /	642
48.4	<i>Improvement-phobia</i> /	644
48.5	<i>Detachment</i> /	645
48.6	<i>On the forms of termination</i> /	646
PART SIX		
On the vicissitudes of the psychoanalytic process		
49.	Insight and its defining characteristics	653
49.1	<i>General considerations</i> /	653
49.2	<i>The Freudian version of insight</i> /	654
49.3	<i>Transformations of the term 'insight'</i> /	655
49.4	<i>The meanings of the noun 'insight'</i> /	656
49.5	<i>Insight and the Gestalt theory</i> /	658
49.6	<i>Insight as a field phenomenon</i> /	659
49.7	<i>Insight and the mental process</i> /	660
49.8	<i>The analyst's insight: a clinical example</i> /	662
50.	Insight and working-through	663
50.1	<i>Insight as knowledge</i> /	663
50.2	<i>Dynamic insight</i> /	664
50.3	<i>Ostensive and descriptive insight</i> /	666
50.4	<i>The concept of working-through</i> /	667
50.5	<i>The relations between insight and working-through</i> /	669
50.6	<i>The other phase of working-through</i> /	669
50.7	<i>Two concepts of working-through</i> /	671
50.8	<i>'Verarbeitung' [working out] and 'Durcharbeiten' [working-through]</i> /	673
50.9	<i>Insight and the infantile depressive position</i> /	674
50.10	<i>The developmental lines of insight</i> /	675
51.	The metapsychology of insight	678
51.1	<i>Insight and preconscious mental process</i> /	678
51.2	<i>Regression/progression dialectics</i> /	682

- 51.3 *Insight and scientific knowledge* / 683
- 51.4 *Some specifications on insight and affect* / 684
- 51.5 *Spontaneous insight* / 685
- 51.6 *A clinical vignette* / 686
- 51.7 *Insight and internal objects* / 688
52. Acting out [1] 691
- 52.1 *General panorama* / 691
- 52.2 *Acting out: an imprecise concept* / 692
- 52.3 *Introduction of the term* / 693
- 52.4 *Neurotic act and acting out* / 694
- 52.5 *A simple clinical example* / 695
- 52.6 *Freud's 'agieren'* / 696
- 52.7 *Acting out, remembering, repetition* / 696
- 52.8 *Another clinical example* / 697
- 52.9 *Acting out and transference* / 701
53. Acting out [2] 702
- 53.1 *Anna Freud's first contributions* / 702
- 53.2 *Freud's last opinions* / 703
- 53.3 *Acting out, communication and language* / 704
- 53.4 *Acting out and primal objects* / 705
- 53.5 *Partial and excessive (total) acting out* / 706
- 53.6 *Papers read at the Copenhagen Congress* / 708
- 53.7 *Grinberg's contributions* / 709
54. Acting out [3] 712
- 54.1 *The concept of acting out in the 'Vocabulaire'* / 712
- 54.2 *Acting out and action* / 713
- 54.3 *The intentions of acting out* / 715
- 54.4 *Acting out and communication* / 716
- 54.5 *An amusing clinical example* / 717
- 54.6 *Acting out, language and thought* / 718
- 54.7 *Acting out and play* / 720
- 54.8 *Acting out and early development* / 721
- 54.9 *In favour of acting out* / 723
- 54.10 *Acting out and acting in* / 724
- 54.11 *A suggested synthesis* / 726
55. Negative therapeutic reaction [1] 728
- 55.1 *Negative therapeutic reaction and guilt feelings* / 728
- 55.2 *The masochism of the ego* / 729
- 55.3 *The first references* / 730
- 55.4 *Death instinct and NTR* / 731
- 55.5 *The two 1936 works* / 732
- 55.6 *The aggressive drives in the negative therapeutic reaction* / 733

- 55.7 *Negative therapeutic reaction and depressive position* / 734
- 55.8 *The role of envy* / 735
- 55.9 *Negative therapeutic reaction and lethargy* / 736
56. *Negative therapeutic reaction* [2] 738
- 56.1 *Historical perspective* / 738
- 56.2 *Some methodological specifications* / 739
- 56.3 *Diagnostic elements* / 740
- 56.4 *Function of the internal objects* / 741
- 56.5 *Manic defences and manic attacks* / 743
- 56.6 *Narcissistic self and superego* / 743
- 56.7 *Criticism, idealization and countertransference* / 744
- 56.8 *The dangers of being healthy* / 745
- 56.9 *Symbiosis and negative therapeutic reaction* / 745
- 56.10 *Negative therapeutic reaction and negative transference* / 747
- 56.11 *Negativism and the negative therapeutic reaction* / 748
- 56.12 *Negative therapeutic reaction and acting out* / 749
- 56.13 *Paradoxical thinking* / 751
- 56.14 *Final comment* / 752
57. *Reversible perspective* [1] 753
- 57.1 *Brief recapitulation* / 753
- 57.2 *First approximations* / 754
- 57.3 *The psychotic part of the personality* / 755
- 57.4 *Relations between the neurotic and psychotic part* / 757
- 57.5 *Thought and reversible perspective* / 758
- 57.6 *A clinical case* / 759
58. *Reversible perspective* [2] 764
- 58.1 *Reintroduction of the theme* / 764
- 58.2 *Klein's concept of 'reversion'* / 765
- 58.3 *Other clinical cases* / 765
- 58.4 *Reversible perspective and insight* / 768
- 58.5 *Narcissism and reversible perspective* / 769
59. *The theory of misunderstanding* 771
- 59.1 *Bion and Money-Kyrle* / 771
- 59.2 *Money-Kyrle's intellectual development* / 773
- 59.3 *Concept building* / 773
- 59.4 *Stages in the development of the concept* / 776
- 59.5 *The space-time system* / 776
- 59.6 *Basic types of knowledge* / 778
- 59.7 *Mourning and memory* / 779
- 59.8 *The spurious object* / 780
- 59.9 *Nature and culture* / 781

60. Impasse

60.1 Summary / 784

60.2 Discussion and commentary / 796

784

Epilogue

801

REFERENCES

805

INDEX

843

53

783

84

784

771

55

55

55

55

55

55

55

207

57

217

58

59

59

59

59

59

59

59

59

59

59

59

59