

**PROJECT VISION 2023 PRAGUE.....16**

**Saturday 16<sup>th</sup> September 2023 – Hall 1**

**Profesor Avni Sali AM.....19**

Longevity – An Integrative Approach

**Nandu Goswami, MD, PhD, MME.....20**

Innovative Approaches to Teaching Integrative Medicine in Western Medical Universities

**Bhaswati Bhattacharya MPH, MD, Ph.D. ....20**

Ancient Techniques for Pain Control Have Always been Integrative not only Chemical

**Prof. Mag. Maria Walcher.....21**

Intangible Cultural Heritage – a Tool to Preserve and Transmit Knowledge and Practices of Traditional Medicine to Next Generations

**Amarjeet S Bhamra.....22**

**Nora Laubstein.....23**

Interdisciplinary \* Integrated care \*\* Integrative Medicine \*\*\*

**Kiran Vyas.....25**

Two great gifts of india to the World: yoga & ayurveda

**Prof. Dr. Kuldeep Kumar Pandey, MD, PhD. ....25**

Ancient techniques for pain control have always been integrative not only chemical

**Federico Palla.....27**

SALUS european initiative: uniting health and environment for a concrete, forward-looking paradigm shift

**Isabelle Wachsmuth, MSc, MPH.....28**

Art can enrich the world and give it a voice for better health for all

**Prof. Dr. rer. nat. Katharina C. Wirnitzer.....29**

The Power of Lifestyle Medicine: Starting with the Dual Approach to Health from Sustainable Diets linked to PA, Sports & Exercise as Minimum Recommendation at Schools and Universities for better Future Public Health.

**Prof. MUDr. Julius Špičák, CSc. ....30**

Alternative approach to inflammatory bowel diseases

<b>Prof. Dr. Madan Thangavelu.....</b>	<b>31</b>
One Earth, One Health and True World Order	
<b>Rakesh Sharma, MD, PhD.....</b>	<b>33</b>
Integrating ayurveda, ethical issues & rights of ism Practitioners in bharat	
<b>Prof. Valdis Pirags, MD.....</b>	<b>33</b>
The benefits of integrative thinking in the modern world of artificial intelligence	
<b>Diane Miller JD.....</b>	<b>34</b>
Law and public policy for tcim, a legal advocate's perspective 2023	
<b>Dr John Hughes PhD, BSc (Hons), Lic. Ac. ....</b>	<b>35</b>
The acceptability, safety and effectiveness of self-acupuncture: a programme of research	
<b>Dr. med. Rainer Picha.....</b>	<b>36</b>
Modern medicine begins to agree with Ayurvedic principles	
<b>Dr. Peter Kath.....</b>	<b>37</b>
“From information to Knowledge - the Forgotten Conversation with the Self in Times of ChatGPT”.	
<b>Uwe Peters, Ph.D. ....</b>	<b>38</b>
AMR in focus - TCIM as a supporting strategy	
<b>PhDr. Eva Křížová, Ph.D. ....</b>	<b>40</b>
Alternative medicine must remain its true self, thus different.	

### **Saturday 16<sup>th</sup> September 2023 – Hall 2**

<b>Prof. Dr. Karl W. Kratky.....</b>	<b>40</b>
Convergence of orthodox and complementary medicine systems via personalized medicine?	
<b>Becca Meadows MSc mBANT mCNHC.....</b>	<b>42</b>
A Vegan Diet and Pregnancy Outcomes in the Birth Person and Neonate: A Systematic Review and Meta-Analysis of Observational Studies	
<b>Dr. Nimisha Kizhakkemadathil 1(Narendran).....</b>	<b>43</b>
Ayurvedic Management of Lafora Progressive Myoclonus Epilepsy	
<b>Dr. Geethu Balakrishnan.....</b>	<b>45</b>
Current Trends in Tcim: Human Gut Microbiome as a Potential Factor in Managing Autism Spectrum Disorders an Open Labelled Randomized Control Clinical Trial to Manage Dysbiosis	

<b>Assoc. Prof. Dr. Gulay Yilmazel.....</b>	<b>47</b>
The relationship between the quality of life and mental health status in unoperated elderly cataract patients	
<b>Dr. Preetham Pai.....</b>	<b>48</b>
The management of cerebral palsy using Ayurvedic treatment principles-case series	
<b>Debbie Sommerville.....</b>	<b>49</b>
Cold air plasma as a systemic selective adaptogen	
<b>Pratibha Shah, BAMS, MPH.....</b>	<b>50</b>
Deepening our understanding of Auto Immune Disorders with Ayurveda	
<b>Dr. Nimisha Kizhakkemadathil 2 (Narendran).....</b>	<b>51</b>
Ayurveda for Rheumatoid Arthritis	
<b>Prof. Shantala Priyadarshini.....</b>	<b>52</b>
Ayurveda solutions for global warming - a cultural heritage from the past for the future crisis	
<b>Mohamad Motevalli.....</b>	<b>54</b>
Lifestyle behaviors of vegans, vegetarians, and omnivores in Austrian colleges and universities	
<b>Carlos Orozco BSc, MSc, ND, MD, PhD, DrHr, FPAMS.....</b>	<b>55</b>
Love Expressed as Coherence in Consciousness	
<b>Alexandros Tilikidis MD.....</b>	<b>56</b>
History of Traditional Hellenic Medicine	
<b>Derrick R Tanous MSc.....</b>	<b>57</b>
Spanning the bow from mixed to vegan dieters in a healthy, active population and the sociocultural construction of the flexitarian diet in addressing current trends in sustainable eating	
<b>Dr. Remziye Cici.....</b>	<b>58</b>
The Effect of Loneliness and Depression Levels on Pain in Geriatric Prostate Cancer Patients	
<b>Nur Pinar Ayaz Lecturer Dr. ....</b>	<b>60</b>
Pain Beliefs and Use of Non-Pharmacological Methods in Pain Management Among Nursing Students	

<b>Prof. Suresh Swarnapuri.....</b>	<b>61</b>
Managment of Life Style Disorders in Ayurveda	
<b>Dr. Neena Ravindran.....</b>	<b>62</b>
Bird View Perspective of Ayurvedic Treatment Principle for Diabetic Retinopathy	
<b>Ranjan Amin.....</b>	<b>63</b>
Culture Of Health	
<b>Hiroshini Amarasinghe.....</b>	<b>65</b>
Evaluation of the Effects and Efficacy of Treatment Protocol in the Management of Overweight and Obesity	
<b>Dr. Revathy Prasad.....</b>	<b>66</b>
Exploration of the role of Ayurveda in Healthy ageing	
<b>Dr. Suryanarayana Mudadla.....</b>	<b>67</b>
A Critical Review on Ayurvedic Management of Common Respiratory Aliments in Children	
<b>Dr. Radhika Injamuri.....</b>	<b>68</b>
Ayurvedic Management of Common Behavioural Disorders in Children	
<b>Sofiene Ben Aissa.....</b>	<b>69</b>
The use of herbs for decreasing impulsivity in patients with bipolar disorder	
<b>Sampada Korde.....</b>	<b>71</b>
Ayurvedic heart failure reversal therapy	
<b>Lothar Pirc.....</b>	<b>72</b>
Proposal to create peace in the world through ancient Vedic sciences: Ayurveda, Yoga and Yagya - from philosophy to science.	
<b>Alix Naginski.....</b>	<b>73</b>
Urgency of Integrating Mental Health in Clinical Practice	
<b>Sarah Lascano.....</b>	<b>74</b>
Digital Energy Medicine: An Integrative and Innovative Approach to Healing Treatment-Resistant Chronic Illness	
<b>VedAcharya Dhanada Kulkarni BAMS, LMT, BCIM, CYEd, CCRP....</b>	<b>76</b>
Integrative Medicine as a Bridge: Harnessing the Strengths of Ayurvedic Medicine and Indian Culture to Transform Future Healthcare	

<b>Stephan Hein</b> .....	78
Nada Yoga – Healing through Sound	
<b>MUDr. Andrea Málková</b> .....	79
Mistletoe – prevention and treatment of oncological diseases	
<b>Ing. Klára Doláková, MBA</b> .....	80
Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics	
<b>Ralf Dissemond</b> .....	81
Homeopathy in europe by practitioners	
<b>Jesper Odde Madsen</b> .....	82
The cure for media bias	
<b>Dr. Jayvant Bhagattjee</b> .....	83
Allied health policy in south africa	
<b>Milena Simeoni</b> .....	84
Traditional European and Mediterranean medicine: a bridge between past and future towards a healthier and more sustainable Europe	
<b>Antoni Przechrzta</b> .....	85
Spiritual Healing- a proposal to include this method of therapy in the healthcare system.	
<b>Naveen Gupta</b> .....	86
Vedic Psychotherapy – Mental Health & Emotional Wellbeing	
<b>Alison Mc Whinnie</b> .....	87
Healing in Medicine Today Supporting the Wellbeing of both Patients and Staff	
<b>Tomáš Pfeiffer</b> .....	89
Biotronics – Hope in Disease for the 21st Century	
<b>MUDr. Hana Váňová</b> .....	91
2 Key Approaches to Simplify Prescription of Homeopathic Remedies	
<b>Bc., Mgr. Jitka Fernandez Lopez</b> .....	93
Practical Feng Shui application in your everyday life	
<b>Ing. František Och</b> .....	94
A pilot case-cohort epidemiological study of effect	
<b>Prof. Bruno Renzi</b> .....	94
Maharishi Integrated Approach to Psychosomatics: Basic Principles	

<b>Mgr. Jarmila Podhorná.....</b>	<b>96</b>
Gemmotherapy – medicine of the third millennium	
<b>Mgr. Miloslava Rutová.....</b>	<b>98</b>
One Brain Kinesiology and Transformations	
<b>Dr. Antonietta Rozzi.....</b>	<b>99</b>
Sarva Yoga International	

### **Sunday 17<sup>th</sup> September 2023 – Hall 2**

<b>Maria Leoni.....</b>	<b>101</b>
Family constellation – a psychotherapeutic approach for healing combined with naturopathic methods	
<b>Dr. Masoud Mohammednezhad.....</b>	<b>102</b>
Breast Self-Examination Practice Screening Perception and Practice Amongst Fijian Women in Fiji	
<b>Dr. rer. nat., Karin Lenger, Dipl.-Biochem.....</b>	<b>103</b>
Biochemical and Biophysical Homeopathy	
<b>Bijoya Mohanty.....</b>	<b>104</b>
Koncious Karma Movement to empower Ayurvedic Doctors, healers and therapist	
<b>Ing. Adolf Inneman, Ph.D.....</b>	<b>105</b>
Ayurveda – The Path to Longevity	
<b>MUDr. Věra Kleplová.....</b>	<b>106</b>
Early diagnosis of minor movement abnormalities in neonatal age	
<b>Mgr. Jarmila Podhorná.....</b>	<b>108</b>
Hope for the next generation	
<b>Mgr. Bc. Magdalena Ezrová.....</b>	<b>109</b>
Rebozo techniques in midwifery	
<b>MUDr. Martin Zulák 1.....</b>	<b>110</b>
What the disease tells me	
<b>RNDr. Vladislav Šíma, Dr. ....</b>	<b>111</b>
Health Astrology	
<b>Mgr. Jan Frank.....</b>	<b>112</b>
Sonofractal clinical essences, classic variant	
<b>MUDr. Martin Zulák 2.....</b>	<b>114</b>
Physicians' trauma as an obstacle in changing the healthcare system	

<b>Mgr. Anna Škvorová.....</b>	<b>115</b>
TCIM/CAM Practices in Midwife	
<b>Mgr. Bc. Martin Bartošek.....</b>	<b>116</b>
Satori breathing – Rebirthing: the healing power of breathing	
<b>Ing. Pierre Boháč.....</b>	<b>118</b>
Oligotherapy, or the Necessity to Have Enough and in Balance Approximately 7 Grams of Our Weight, Which Determine Our Physiological Health	
<b>Sunday 17<sup>th</sup> September 2023 – Hall 3</b>	
<b>Dr. Bishnu Prasad Sarma.....</b>	<b>120</b>
Osteoarthritis and its management through Ayurvedic drugs-A novel approach	
<b>Martin Rickinger.....</b>	<b>121</b>
Maharishi Ayurveda – well-being for individuum and society	
<b>Dr. Karthikeyen Natarajen.....</b>	<b>122</b>
Functional Independence in Autism targeted through DOAST2 Integrated Therapy3	
<b>Debasish Sahoo 1.....</b>	<b>124</b>
Research approach and Commercial Potential of Herbal based therapy using Modern Technology, Concept and Prospect with enhancement in Safety, Reliability, Authenticity and Conservation	
<b>Mridula M. K. ....</b>	<b>125</b>
Medicinal plants in ayurvedic medicine for cardio protection- a promising research area	
<b>Lorenzo Uhl.....</b>	<b>126</b>
EMF, Bacteria, fungi and viruses	
<b>Debasish Sahoo 2.....</b>	<b>128</b>
Aditonal and Alternative Medicaments During Covid-19 Pandemic for Public Health	
<b>Dr. Remya R. Nath.....</b>	<b>129</b>
A Critical Analysis of Doshic Prakriti in Ayurveda	

<b>Sofiene Ben Aissa.....</b>	<b>131</b>
Enhancing Insight and Adherence with weight loss supplements in bipolar disorder patients Dr. Geethu	
<b>Dr. Geethu Balakrishnan.....</b>	<b>132</b>
Effect of a selected pranayama practice on memory among college going students	
<b>MUDr. Ludmila Bendová, Doc. PhDr. Eva Křížová, Ph.D.....</b>	<b>134</b>
Traditional Chinese Medicine from the view of users - Results of a sociological survey among clients of TCM in 2018 in Czech Republic	
<b>Luciana Santos Collier.....</b>	<b>135</b>
Democracy and health promotion at school: possible dialogues and necessary actions	
<b>Shona Forster.....</b>	<b>137</b>
The experiences of Nutritional Therapy Practitioners in supporting people with cognitive concerns: a qualitative study	
<b>Miranda D Harris MSc SFHEA.....</b>	<b>138</b>
Exploring the influences of personality traits on food attitude and eating behaviour in adults aged 18 and over living in the UK	
<b>Miranda D Harris MSc SFHEA.....</b>	<b>140</b>
Nutritional knowledge, attitudes and behaviour towards gut bacteria and the perceived effect of probiotics on gut health in strength and endurance sports	
<b>Dr. Nimisha Kizhakkemadathil (Narendran).....</b>	<b>141</b>
Status of Liver Function estimated by Liver Function Test and Renal Function estimated by Renal Function Test in individuals on internal Ayurveda medicines for more than 3 months from Government Ayurveda College, Thiruvananthapuram, Kerala	
<b>Dr. Niloufar Mahmoudi.....</b>	<b>143</b>
The Impact of Exercise Programs on Reducing Cancer Side Effects and Improving Quality of Life: An Original Research Study	
<b>Mohamad Motevalli.....</b>	<b>144</b>
The COVID-19 restrictions and physical activity changes: how do sociodemographic factors come into play?	
<b>Dr. Yousef Naserzadeh.....</b>	<b>146</b>
Investigating the Effects of Titanium Dioxide Nanoparticles on Enhancing Cancer Cell Control: An Original Research Study	



<b>Tomáš Pfeiffer</b> .....	147
Alternative medicine (CAM) in the world – what is silenced	
<b>Tomáš Pfeiffer</b> .....	149
PLATFORM 2020 PRAGUE	
<b>Neha Rai</b> .....	151
Biological importance of keystone Macrofungus Rugda found commonly in eastern region of Jharkhand as a potential herbal dietary supplement.	
<b>Khouloud RAZKI</b> .....	152
Boosting Yoga Therapy Knowledge in Psychiatry: Results of an Educational Intervention	
<b>Khouloud RAZKI</b> .....	154
The Power of Psychotherapy: Enhancing Insight in Mental Illness	
<b>Prof. Dr. Pınar Serçekuş</b> .....	155
Development and Psychometric Evaluation of the Fear of Cancer Scale (FoCS)	
<b>Ms Tejaswini M</b> .....	156
Analyzing the Association between Waiting Time and Patient Satisfaction in Hospitals: An Examination using Analytical Tools	
<b>Dr. Arun Thulasi</b> .....	157
Harmonizing Mind and Body: A Comprehensive Case Study Exploring the Nexus of Mental Health, Well-being, and Injury Prevention in Yoga Practice	
<b>Associate Professor Elif Uludağ</b> .....	158
Effects of Online Antenatal Education on Worries about Labour, Fear of Childbirth, Preparedness for Labour and Fear of COVID-19 during the COVID-19 Pandemic: A Single-Blind Randomized Controlled Study	
<b>MUDr. Hana Váňová – Czech Republic</b> .....	159
Two key approaches to prescription improvement	
<b>Prize for young researchers</b> .....	162

<b>Presidium Members.....</b>	<b>164</b>
<b>Other Speakers.....</b>	<b>170</b>
<b>Audience.....</b>	<b>173</b>