

INTRODUCTION	LESSON 0.1	LESSON 0.2	LESSON 0.3	LESSON 0.4
p.4	Vocabulary: Injuries and treatment Grammar: Present tenses	Vocabulary: Nature Grammar: Past tenses	Vocabulary: Work and study Grammar: Future tenses	Vocabulary: Travel and tourism Grammar: Relative clauses
UNIT	VOCABULARY 1	GRAMMAR 1	LISTENING	VOCABULARY 2
1 Live and learn p.8	The road to success Vocabulary: Skills and natural talents ▶ Vlog	Past perfect simple and past perfect continuous ▶ Grammar animation	Teaching yourself Strategy: Using key words to identify the main point Vocabulary: Phrasal verbs	The best age Vocabulary: Life stages and learning
	Review p.19 Vision 360° p.20			
2 Highs and lows p.22	It drives me crazy! Vocabulary: Feelings ▶ Vlog	Modal verbs: advice, obligation and necessity; possibility, probability and certainty ▶ Grammar animation	Be more in control of your life Strategy: Recognising paraphrasing Vocabulary: Being more in control	Well-being Vocabulary: Well-being
	Review p.33 Exam skills p.34			
3 An active life p.36	Let's keep fit Vocabulary: Doing exercise ▶ Vlog	Advanced and qualifying comparatives ▶ Grammar animation	The origins of sport Strategy: Distinguishing facts and speculation Vocabulary: Origins of sport	Transferable skills Vocabulary: Transferable skills
	Review p.47 Vision 360° p.48			
4 A place like home p.50	Alternative living spaces Vocabulary: Living spaces ▶ Vlog	Future continuous, future perfect simple and future perfect continuous ▶ Grammar animation	The future of city centres Strategy: Understanding discourse markers Vocabulary: Work	Nomads Vocabulary: Home and community
	Review p.61 Exam skills p.62			
5 Technology p.64	What gadget couldn't you live without? Vocabulary: Technology ▶ Vlog	Second and third conditionals; conjunctions; alternatives to if ▶ Grammar animation	Streaming Strategy: Distinguishing between supporting and contrasting information Vocabulary: Streaming	Technology and the environment Vocabulary: Technology and the environment
	Review p.75 Vision 360° p.76			
6 Money matters p.78	No-spend challenge Vocabulary: Spending money Pronunciation: Compound nouns ▶ Vlog	The passive: all tenses; verbs with two objects in the passive ▶ Grammar animation	Less is more Strategy: Drawing conclusions from what we hear Vocabulary: Minimalism	Social commerce Vocabulary: Online shopping
	Review p.89 Exam skills p.90			
7 All about art p.92	That sounds amazing! Vocabulary: Different art forms ▶ Vlog	Reported speech ▶ Grammar animation	What a great score! Strategy: Recognising the new meaning of a known word Vocabulary: Film and music	Updated masterpieces Vocabulary: Interpreting art
	Review p.103 Vision 360° p.104			
8 Local and global citizenship p.106	Lending a helping hand Vocabulary: Volunteering in the community ▶ Vlog	Verb patterns ▶ Grammar animation	Different kinds of volunteering Strategy: Recognising features of informal English Vocabulary: Informal phrases Pronunciation: Connected speech	Crisis mapping Vocabulary: Responding to a humanitarian crisis
	Review p.117 Exam skills p.118			

VOCABULARY BOOSTER	p.120
GRAMMAR BOOSTER	p.128
IRREGULAR VERBS LIST	p.148

GRAMMAR 2	READING	GLOBAL SKILLS	SPEAKING	WRITING
Used to, would, be get used to Grammar animation Pronunciation: <i>used to</i>	The Outsiders Strategy: Understanding new words and phrases Vocabulary: Phrases with <i>get</i>	Emotional intelligence Vocabulary: Emotions	A social exchange Strategy: Being able to backtrack and reformulate to correct errors or slips Phrasebook: Restating your ideas	An article Strategy: Using comment adverbs to make your writing more interesting Phrasebook: Comment adverbs
▶ Documentary <i>E-body</i>				
Past modal verbs Grammar animation	Miracle on the Hudson Strategy: Previewing and predicting Vocabulary: Collocations	Building resilience Vocabulary: Challenging situations	Comparing photos Strategy: Using adjectives Phrasebook: Talking about photos Pronunciation: Contrastive stress	An opinion essay Strategy: Planning what to include Phrasebook: Opinion essays
▶ Documentary <i>Rising Phoenix</i>				
Articles and quantifiers Grammar animation	Review: Rising Phoenix Strategy: Understanding referencing Vocabulary: Disability in sport	Managing your reaction Vocabulary: Handling disagreements	A discussion Strategy: Managing the conversation Phrasebook: Discussing ideas Pronunciation: Sentence stress	A report Strategy: Using impersonal language Phrasebook: Impersonal language
▶ Documentary <i>Green design in Mexico</i>				
Future time clauses; first conditional Grammar animation	A short history of migration Strategy: Recognising the writer's point of view Vocabulary: Extreme weather	Identifying and analysing trends Vocabulary: Describing trends in graphs and diagrams	A stimulus-based discussion Strategy: Co-operating and contributing Phrasebook: Commenting on someone's opinion Pronunciation: Chunking	A formal email of enquiry Strategy: Using formal register Phrasebook: Enquiring
▶ Documentary <i>Green design in Mexico</i>				
Mixed conditionals Grammar animation	Quitting social media Strategy: Using topic sentences Vocabulary: Social media	Your digital footprint Vocabulary: Online activity	Giving a presentation Strategy: Organising a presentation Phrasebook: Signposting a presentation Pronunciation: Linking	A website review Strategy: Using modifying adverbs Phrasebook: Reviewing a website
▶ Documentary <i>Keeping it local</i>				
The passive: advanced forms Grammar animation	Fast fashion Strategy: Recognising functional language to identify purpose Vocabulary: Fashion	The importance of the small print Vocabulary: Consumer rights	Asserting your rights as a customer Strategy: Register Phrasebook: Consumer issues Vocabulary: Faulty items	A for and against essay Strategy: Ordering points into a coherent argument Phrasebook: For and against essays
▶ Documentary <i>Keeping it local</i>				
Reporting verbs Grammar animation Pronunciation: <i>-ed</i> endings	Art and travel Strategy: Using the introduction and conclusion to understand the gist Vocabulary: Travel idioms	Understanding copyright and plagiarism Vocabulary: Copyright and plagiarism	Selecting an option Strategy: Using a range of vocabulary to avoid repetition Phrasebook: Discussing options; making a decision	A formal letter Strategy: Using persuasive language Phrasebook: Persuasive language
▶ Documentary <i>Chelsie's vlog: What working in a hospital is like</i>				
Participle clauses Grammar animation	Future-proofing the world Strategy: Recognising fact, opinion and speculation Vocabulary: Scientific intervention	Disagreeing diplomatically Vocabulary: Differences of opinion	A debate Strategy: Listening actively Phrasebook: Engaging with ideas	A discursive essay Strategy: Using nominalisation