

# Contents

The Paintings of the Four Elemental Beings .....	5
Prologue .....	11
An Introduction to Introspection ( <i>Zdeněk Ondruš</i> ) .....	13
Memories of Lumír Bardon on Josef Drábek and Franz Bardon ( <i>Lumír Bardon</i> ) .....	16
The Path of Life ( <i>Lukáš Loužecký</i> ) .....	17
Preface .....	27
First Preface .....	29
Second Preface .....	37
An Analysis of Positive (Active) Qualities According to the Four Elements .....	39
Positive (Active) Qualities of the Fire Element .....	41
Positive (Active) Qualities of the Air Element .....	95
Positive (Active) Qualities of the Water Element .....	167
Positive (Active) Qualities of the Earth Element .....	209
An Analysis of Negative (Passive) Qualities According to the Four Elements .....	289
An Introduction to Perceiving and Controlling the Negative (Passive) Qualities of a Person .....	291
Negative (Passive) Qualities of the Fire Element .....	293
Negative (Passive) Qualities of the Air Element .....	373
Negative (Passive) Qualities of the Water Element .....	454
Negative (Passive) Qualities of the Earth Element .....	560
Attachment 1 – Tables of the Main Elemental Qualities .....	679
Attachment 2 – A List of Positive (Active) Qualities of the Four Elements According to the Degrees (Groups) of Their Strength .....	685
Attachment 3 – A List of Negative (Passive) Qualities of the Four Elements According to the Degrees (Groups) of Their Strength .....	711
Attachment 4 – Franz Bardon, His Students, and Family .....	741
Attachment 5 – Literary Works of Franz Bardon and His School ( <i>Lukáš Loužecký</i> ) .....	751
Index of the Qualities .....	757