

	PAGE	TRACK	VIDEO
Introduction	4	1	1-3
Tuning	5	2-6	4
How to Hold Your Banjo	7		5
Playing Chords	8		6-10
Frère Jacques	8	7	
Rock-a-My Soul	9	8	
Hush Little Baby	10	9	
Clementine	10	10	
Down in the Valley	11	11	
Oh, Susanna	12	12	
Do Lord	12	13	
He's Got the Whole World in His Hands	13	14	
This Old Man	13	15	
She'll Be Comin' 'Round the Mountain	14	16	
Crawdad Song (Honey Babe)	14	17	
Tablature	15	18-22	11-13
Playing Notes	18	23-28	
Learning Rhythm	20	29-31	14
Merrily We Roll Along	21	32	
Aunt Rhody	21	33	15
Right-Hand Position	22	34-35	16
More First-String Notes: E & F	23	36	17
Old Joe Clark	23	37	
The F Chord	24		18
Old Joe Clark	24	38	
Right-Hand Rolls	25	39-40	19-21
Rock-a-My Soul	26	41	
Aunt Rhody	27	42	
Hush Little Baby	28	43-45	
Fourth-String Notes: D, E & F	29	46-47	
Minor Melody	29	48	
Half & Whole Steps	30	49-50	
Skip to My Lou	30	51	
Blue Tail Fly	30	52	
The Fifth String: G	31	53	
Skip to My Lou	31	54	
Shoo Fly	31	55-56	
The Am Chord	32		22
Oh, Sinner Man	32	57	
The Em & D Chords	33		23
The Drunken Sailor	33	58	

	PAGE	TRACK	VIDEO
The Cuckoo	34	59	
Shady Grove	34	60	24
The Forward Roll	35		
The Streets of Laredo	35	61	
The Basic Forward Roll	36	62	25
This Little Light of Mine	36	63	
Forward Roll Variations	37	64	
Green Corn	37	65	26
Boil Them Cabbage Down	38	66-67	
The Forward-Backward Roll	39	68	
Do Lord	39	69	
Hand Me Down My Walking Cane	40	70	
Hard, Ain't It Hard	41	71	
The Pinch	42		
Goodnight Ladies	42	72	
The Old Grey Mare	42	73	
The Hammer-On	43	74	27
Sixteenth Notes	44	75	
Old-Time Religion	44	76	
She'll Be Comin' 'Round the Mountain	45	77	
The Pull-Off	46	78	28
Dog Named Blue	46	79	
The Slide	47	80	29
Boil Them Cabbage Down	47	81	
Cripple Creek	48	82	
My Home's Across the Blue Ridge Mountains	49	83	
Worried Man Blues	50	84-85	
Jesse James	51	86-87	
Foggy Mountain Top	52	88	30
Little Birdie	53	89	
The Dm, A & A7 Chords	54		31
Wade in the Water	55	90	
3/4 Time	56		32
Down in the Valley	56	91	
Down in the Valley	57	92	
Rye Whiskey	58	93	
All the Good Times	59	94	
Long Journey Home	61	95-96	
Roll in My Sweet Baby's Arms	62	97	33
Chord Chart	64		