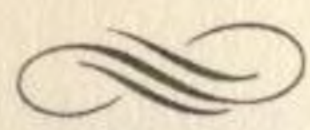


CONTENTS



Foreword

Brother David Steindl-Rast, O.S.B.

XIII

Introduction

Elaine Pagels

XIX

ONE

Be Still and Know

1

TWO

Mindfulness and the Holy Spirit

13

THREE

The First Supper

25

FOUR

Living Buddha, Living Christ

34

FIVE

Communities of Practice

60

SIX

A Peaceful Heart

74

SEVEN

For a Future to Be Possible

87

EIGHT

Taking Refuge

115

NINE

The Other Shore

131

TEN

Faith and Practice

158

Glossary

199