

# CONTENTS

|                                       |                             |           |
|---------------------------------------|-----------------------------|-----------|
| <b>PIANO HANDS AND WARM-UPS</b>       |                             | <b>4</b>  |
| <b>LEFT AND RIGHT-HAND TAPPING</b>    |                             | <b>6</b>  |
| <b>EXPLORING THE KEYBOARD</b>         |                             | <b>8</b>  |
| <b>MUSIC SHAPES AND WRITING MUSIC</b> | ♪ ♯                         | <b>10</b> |
| <b>PLAYING ON THE BLACK KEYS</b>      |                             | <b>12</b> |
| <b>TWO FAMOUS PIECES</b>              |                             | <b>14</b> |
| <b>A NEW NOTE LENGTH</b>              | ♪                           | <b>17</b> |
| <b>JUMPS AND SOFT LANDINGS</b>        | hand and wrist flexibility  | <b>18</b> |
| <b>POLAR BEAR SNOW DENS</b>           | hand and finger flexibility | <b>19</b> |
| <b>FINDING MIDDLE C</b>               |                             | <b>20</b> |
| <b>ANOTHER NEW NOTE LENGTH</b>        | ○                           | <b>21</b> |
| <b>PRINCE OF DENMARK'S MARCH</b>      |                             | <b>22</b> |
| <b>A MUSICAL JOKE</b>                 |                             | <b>24</b> |
| <b>A NEW HAND POSITION</b>            |                             | <b>25</b> |
| <b>LISTEN THEN COPY</b>               | ♪                           | <b>26</b> |
| <b>QUICK MOVES!</b>                   |                             | <b>28</b> |
| <b>READ, CLAP AND PLAY</b>            |                             | <b>29</b> |
| <b>LOUDER AND QUIETER</b>             |                             | <b>30</b> |

© 2023 by Faber Music Ltd and Lang Lang  
All rights administered by Faber Music Ltd  
This edition first published in 2023  
Bloomsbury House, 74–77 Great Russell Street London WC1B 3DA  
Music processed by Donald Thomson  
Illustrations and page design by Elizabeth Ogden  
Printed in England by Caligraving Ltd  
All rights reserved.

Lang Lang: worldwide management – Jean-Jacques Cesbron  
CAMI Music, New York ([www.camimusic.com](http://www.camimusic.com))  
Lang Lang: UK/Ireland management – Steve Abbott,  
Rainbow City Broadcasting Ltd ([www.rainbowcity.co](http://www.rainbowcity.co))

ISBN10: 0-571-54167-4  
EAN13: 978-0-571-54167-6

