

Contents

Introduction	1	Active Movement; Learned Nonuse; Neglect; Passive Movement	125
The Bobaths: A Historical Overview ..	1	Control of Associated Reactions	127
The International Bobath Instructors Training Association—IBITA	1	Feedback	128
IBITA's Theoretical Assumptions and Clinical Practice	3	Carry-over	130
1 Applied Neurophysiology	5	2.3 Other Interventions: Some Key Points	132
1.1 Systems Control: Systems and Structures Concerned with Movement and Sensorimotor Integration	6	Strength Training	132
The Neuromuscular System	6	Treadmill Training	133
The Somatosensory System, Vision, and Balance	14	Multidisciplinary Teamwork	135
The Brain and Spinal Cord	23	Assistive Devices	135
1.2 Plasticity	47	Medical Intervention for the Treatment of Spasticity	141
Neuroplasticity	49	3 Assessment	145
1.3 Consequences of and Reorganization after CNS Lesions	56	3.1 The International Classification of Functioning, Disability, and Health ..	145
Upper Motor Neuron Lesions	58	3.2 Physiotherapy Assessment	147
The Complex Problem of the Upper Motoneuron Syndrome	60	History	148
2 Physiotherapy	67	Functional Activity	149
2.1 Balance and Movement	68	Body Functions and Structures	151
Human Movement Control	68	Sensation, Perception, and Learned Nonuse	154
Balance	69	Pain	156
Deviations from Normal Movement and Balance Control	81	Clinical Reasoning	157
2.2 Intervention—Considerations and Choices	90	The Aim of Assessment	158
Postural Sets	90	3.3 Outcome Measures	163
Analysis of Basic Postures and Postural Sets	91	Body Structure and Function Measures	163
Key Areas	108	Activity Measures	164
Selective Movement and Functional Activity	110	Self-Report Measures	165
The Relationship between Automatic and Voluntary Movement	112	Objective Goal Setting	165
Handling	116	Assessment Diagram	165
		Evaluation and Documentation	166
		Conclusion	166
		4 Case Histories	169
		4.1 Case History: Sissel	169
		Past Medical History, Social History, Activities, and Participation	169
		History of Present Illness	169
		Assessment	170
		Clinical Reasoning and Hypothesis ...	175

Physiotherapy and Clinical Reasoning . 176
 Physiotherapy: Assessment and Treatment as a Continuous Process 177
 Evaluation at Discharge 194
4.2 Case History: Lisa 195
 Social History, Activity, and Participation 195
 Medical History 195
 Previous Training Experience and Treatment 195
 Current Problems 196

Lisa's Goals 196
 Assessment 196
 Clinical Reasoning and Hypotheses . . . 201
 Physiotherapy 204
 Evaluation 217
 Follow-up 217

Bibliography 219

Index 231