

---

# Contents

---

<i>List of figures</i>	viii
<i>List of tables</i>	ix
<i>Acknowledgements</i>	x
<i>Preface</i>	xi
<i>Introduction</i>	xv
1 Why should theatre people be interested in cognitive studies?	1
2 How does the actor communicate meaning non-verbally?	21
3 What is the relationship between thought, physical action, and language?	63
4 How does the actor create a character?	93
5 How does the actor identify with the character?	129
6 How does the actor embody emotion in fictional circumstances?	156
Conclusion	197
Notes	213
Bibliography	222
Index	228