

CONTENTS

THE BOUNTY OF WILD WOMAN	
FOREWORD	xvii
INTRODUCTION: SINGING OVER THE BONES	1
THE STORIES	
1. THE HOWL: RESURRECTION OF THE WILD WOMAN	21
~ <i>La Loba, The Wolf Woman</i>	
~ <i>The Four Rabbinim</i>	
2. STALKING THE INTRUDER: THE BEGINNING INITIATION	35
~ <i>Bluebeard</i>	
<i>The Natural Predator of the Psyche</i>	
<i>Naive Women as Prey</i>	
<i>The Key to Knowing: The Importance of Snuffling</i>	
<i>The Animal Groom</i>	
<i>Blood Scent</i>	
<i>Backtracking and Looping</i>	
<i>Giving the Cry</i>	
<i>The Sin-eaters</i>	
<i>The Dark Man in Women's Dreams</i>	
3. NOSING OUT THE FACTS: THE RETRIEVAL OF INTUITION AS INITIATION	70

- ~ The Doll in Her Pocket: Vasalisa the Wise
 - The First Task—Allowing the Too-Good Mother to Die*
 - The Second Task—Exposing the Crude Shadow*
 - The Third Task—Navigating in the Dark*
 - The Fourth Task—Facing the Wild Hag*
 - The Fifth Task—Serving the Non-Rational*
 - The Sixth Task—Separating This from That*
 - The Seventh Task—Asking the Mysteries*
 - The Eighth Task—Standing on All Fours*
 - The Ninth Task—Recasting the Shadow*

- 4. THE MATE: UNION WITH THE OTHER 111
 - ~ Hymn for the Wild Man: Manawee
 - The Dual Nature of Women*
 - The Power of Two*
 - The Power of Name*
 - The Tenacious Dog Nature*
 - Creeping Seductive Appetite*
 - Achieving Fierceness*
 - The Interior Woman*

- 5. HUNTING: WHEN THE HEART IS A LONELY HUNTER 127
 - ~ Skeleton Woman: Facing the Life/Death/Life Nature of Love
 - Death in the House of Love*
 - The First Phases of Love*
 - The Accidental Finding of Treasure*
 - The Chase and the Hiding*
 - Untangling the Skeleton*
 - The Sleep of Trust*
 - Giving the Tear*
 - The Later Phases of Love*
 - Heart as Drum and Singing Up*
 - The Dance of Body and Soul*

- 6. FINDING ONE'S PACK: BELONGING AS BLESSING 164
 - ~ The Ugly Duckling
 - Exile of the Unmatched Child*
 - Kinds of Mothers*
 - The Ambivalent Mother*
 - The Collapsed Mother*

- The Child Mother and the Unmothered Mother*
 - The Strong Mother, The Strong Child*
 - Bad Company*
 - Not Looking Right*
 - Frozen Feeling, Frozen Creativity*
 - The Passing Stranger*
 - Exile as Boon*
 - The Uncombed Cats and Cross-Eyed Hens of the World*
 - Remembrance and Continuance No Matter What*
 - Love for the Soul*
 - ~ The Mistaken Zygote
-
7. JOYOUS BODY: THE WILD FLESH 197
 - Body Talk*
 - The Body in Fairy Tales*
 - The Power of the Haunches*
 - La Mariposa, Butterfly Woman*
-
8. SELF-PRESERVATION: IDENTIFYING LEG TRAPS, CAGES, AND POISONED BAIT 213
 - The Feral Woman*
 - ~ The Red Shoes
 - Brutal Loss in Fairy Tales*
 - The Handmade Red Shoes*
 - The Traps*
 - Trap #1: The Gilded Carriage, the Devalued Life*
 - Trap #2: The Dry Old Woman, the Senescent Force*
 - Trap #3: Burning the Treasure, Hambre del Alma, Soul Famine*
 - Trap #4: Injury to Basic Instinct, the Consequence of Capture*
 - Trap #5: Trying to Sneak a Secret Life, Split in Two*
 - Trap #6: Cringing Before the Collective, Shadow Rebellion*
 - Trap #7: Faking It, Trying to be Good, Normalizing the Abnormal*
 - Trap #8: Dancing Out of Control, Obsession and Addiction*
 - Addiction*
 - At the Executioner's House*
 - Trying to Take Shoes Off, Too Late*
 - Returning to Life Made by Hand, Healing Injured Instincts*

9. HOMING: RETURNING TO ONESELF	255
~ Sealskin, Soulskin	
<i>Loss of Sense of Soul as Initiation</i>	
<i>Losing One's Pelt</i>	
<i>The Lonely Man</i>	
<i>The Spirit Child</i>	
<i>Drying Out and Crippling</i>	
<i>Hearing the Old One's Call</i>	
<i>Staying Overlong</i>	
<i>Cutting Loose, Diving In</i>	
<i>The Medial Woman: Breathing Under Water</i>	
<i>Surfacing</i>	
<i>The Practice of Intentional Solitude</i>	
<i>Women's Innate Ecology</i>	
10. CLEAR WATER: NOURISHING THE CREATIVE LIFE	297
~ <i>La Llorona</i>	
<i>The Pollution of the Wild Soul</i>	
<i>Poison in the River</i>	
<i>Fire on the River</i>	
<i>The Man on the River</i>	
<i>Taking Back the River</i>	
<i>Focus and the Fantasy Mill</i>	
~ The Little Match Girl	
<i>Staving Off Creative Fantasy</i>	
<i>Renewing the Creative Fire</i>	
~ The Three Gold Hairs	
11. HEAT: RETRIEVING A SACRED SEXUALITY	334
~ The Dirty Goddesses	
<i>Baubo: The Belly Goddess</i>	
<i>Coyote Dick</i>	
<i>A Trip to Rwanda</i>	
12. MARKING TERRITORY: THE BOUNDARIES OF RAGE AND FORGIVENESS	346
~ The Crescent Moon Bear	
<i>Rage as Teacher</i>	
<i>Bringing in the Healer: Climbing the Mountain</i>	
<i>The Spirit Bear</i>	

<i>The Transformative Fire and Right Action</i>	
<i>Righteous Rage</i>	
~ The Withered Trees	
~ Descansos	
<i>Injured Instinct and Rage</i>	
<i>Collective Rage</i>	
<i>Stuck in Old Rage</i>	
<i>Four Stages of Forgiveness</i>	
13. BATTLE SCARS: MEMBERSHIP IN THE SCAR CLAN	374
<i>Secrets as Slayers</i>	
<i>The Dead Zone</i>	
~ The Woman With Hair of Gold	
<i>The Scapecoat</i>	
14. LA SELVA SUBTERRÁNEA: INITIATION IN THE UNDERGROUND FOREST	387
~ The Handless Maiden	
<i>The First Stage—The Bargain Without Knowing</i>	
<i>The Second Stage—The Dismemberment</i>	
<i>The Third Stage—The Wandering</i>	
<i>The Fourth Stage—Finding Love in the Underworld</i>	
<i>The Fifth Stage—The Harrowing of the Soul</i>	
<i>The Sixth Stage—The Realm of the Wild Woman</i>	
<i>The Seventh Stage—The Wild Bride and Bridegroom</i>	
15. SHADOWING: CANTO HONDO, THE DEEP SONG	456
16. THE WOLF'S EYELASH	462
AFTERWORD: STORY AS MEDICINE	466
ADDENDUM	474
NOTES	479
EDUCATION OF A YOUNG WOLF: A BIBLIOGRAPHY	507
ACKNOWLEDGMENTS	514
INDEX	519