

Table of Contents

Acknowledgments ix

Preface 1

Abbreviations 3

1. Background

- 1.1 Introduction 5
- 1.2 Terra incognita 10
- 1.3 Reliability of data 17
- 1.4 Historical setting 22
- 1.5 Colonialism and rise of socialism 26
- 1.6 Political formation 29
- 1.7 Ideological foundation 31

2. Social Perspectives

- 2.1 Social status 38
- 2.2 Family and friends 46
- 2.3 Gender 50
- 2.4 Food and necessities 53
- 2.5 Public health 61
- 2.6 Education 68
- 2.7 Media and mobility 74
- 2.8 National security 84

3. Anthropometric Perspectives

- 3.1 Perception 91
- 3.2 Concept 93
- 3.3 Sources 101
- 3.4 Evidence 108

4. Economic Perspectives

- 4.1 Structure 115
- 4.2 Central planning 121
- 4.3 Classical sectors 131
- 4.4 Performance 136
- 4.5 Questionable activities 141
- 4.6 Structural deficits 145
- 4.7 Marketization 151

5. Conclusion

- 5.1 Summary 157
- 5.2 Outlook 159

Notes 163

Bibliography 165

Index 171