

CONTENTS

INTRODUCTION	v
About the Harmonica.....	v
Types of Harmonica.....	vi
PART I. TECHNIQUE AND THEORY	1
CHAPTER 1. HARMONICA BASICS	3
Choosing an Instrument.....	3
Parts of the Harmonica.....	4
Holding the Harmonica.....	7
Harmonica Notes.....	9
Note Separation: Learning to Play Single Notes.....	9
Exercise 1. Note Separation Exercise	10
CHAPTER 2. HARMONICA NOTATION	16
Traditional Notation.....	16
“Tablature” for Harmonica.....	16
Harmonica Range.....	17
Exercise 2. Note Recognition and Location Practice	18
CHAPTER 3. FINDING YOUR TONE	19
Embouchure: Tongue Blocking vs. Pursing.....	20
Nose Breathing and the Lower Register.....	20
Exercise 3. Breath Control and Articulation	21
Staccato and Repeated Notes.....	21
Embouchure and Fast Triplets.....	21
Bends.....	22
Vibrato.....	22
Headshake Trill.....	23
Embellishments Using the Slide and Headshake.....	24
Flutter/Roll/Growl/Snort.....	25
Gliss.....	25
PART II. SCALES	27
CHAPTER 4. FOUNDATION FOR SCALES	28
H-Wheel.....	28
The Chromatic Scale.....	29
CHAPTER 5. MAJOR SCALES	30
Exercise 5.1. Major Scales with Flash Cards	33
Major Scale Etudes.....	34
“The Charles River”.....	34
“Jamaica Pond”.....	34
The Repeated Notes on the Harmonica.....	34
Modes of Major Scales.....	35
Exercise 5.2. Memorizing Modes	35