

Contents

Introduction	4
1 Identity	8
2 Careers	23
3 Growth and development	38
4 Success and failure	51
5 Exercise	66
6 Values	80
7 Innovation and technology	96
8 Balance	108
9 Creative thinking	121
10 Connections	135
11 Resources	151
12 Change	163
Photocopiable tests	178
Tests answer key	207
Photocopiable communicative activities	213
Communicative activities teacher's notes	237