## Contents

	Acknowledgements	ix
	CTION A tting the scene	1
1	Our approach to writing this book ALMUTH MCDOWALL AND NANCY DOYLE	3
2	Introduction to neurodiversity NANCY DOYLE AND ALMUTH MCDOWALL	15
3	Typical topics in neurodiversity coaching NANCY DOYLE AND ALMUTH MCDOWALL	42
4	Harnessing neurodivergent potential in coaching ALMUTH MCDOWALL AND NANCY DOYLE	64
	CTION B eaching techniques and principles	91
5	Clean Language interviewing NANCY DOYLE AND ALMUTH MCDOWALL	93
6	Transactional analysis NANCY DOYLE AND ALMUTH MCDOWALL	113
7	Positive communication in coaching  ALMUTH MCDOWALL AND NANCY DOYLE	137
8	The psychology of coaching	161

SECTION C Context matters		185
9	Good work ALMUTH MCDOWALL AND NANCY DOYLE	187
10	Wellbeing and work-life balance ALMUTH MCDOWALL AND NANCY DOYLE	212
11	Contracting NANCY DOYLE AND ALMUTH MCDOWALL	239
12	Reflective practice ALMUTH MCDOWALL AND NANCY DOYLE	258
	Appendix: Glossary Index	284