

Contents

Part I Scope of Health Demography, Sources, and Quality of Data

1 Introduction	3
Outline of the Book	3
Definition and Scope of Health Demography and Related Fields	5
Demography and Epidemiology	5
Health Demography, Population Epidemiology, and Related Fields	5
Concepts of Health, Health Conditions, and Longevity	9
Health and Health Conditions	10
Aging and Longevity	12
Selected Issues Relating to Human Health and Longevity	13
References and Suggested Readings	15
2 Sources and Quality of Data for Mortality and Health Studies	19
National Censuses	19
U.S. Censuses	19
Censuses of Other Countries	21
Vital Statistics and Related Administrative Records	21
National Vital Statistics Systems	21
Other Administrative Records Systems	33
General National Sample Surveys and National Health Surveys	37
U.S. General National Sample Surveys	37
National Health Surveys and National Health Care Surveys	38
Epidemiological Studies	47
Nature and Types of Epidemiological Studies	47
U.S. Epidemiological Studies	48

Randomized Clinical Trials	50
Meta-Analysis	52
Qualitative Sources	53
Quality of Data	54
Census and Survey Data, Vital Statistics, and Administrative Records	55
Epidemiological Studies and Clinical Trials	58
Meta-Analysis	61
Methods of Survey Collection of Health Data	62
Methods of Interviewing	62
Methods of Collecting Sensitive Data	62
Methods of Collecting Data on Rare Events	64
Confidentiality and Disclosure Issues	65
Appendix 2.1 Compendia on Health and Mortality Data	66
United States Data	66
International Data	67
References and Suggested Readings	67
Censuses and Surveys	67
Vital Statistics and Other Administrative Sources	68
Secondary Sources	69
Quality of Data	69
 Part II Concepts and Measures of Mortality and Morbidity	
3 Concepts and Basic Measures of Mortality	73
Uses and Definition	73
Uses of Death Statistics	73
Definition and Concepts	73
Sources and Quality of Data	75
Special Sources of Data for Mortality Studies	75
Quality of Mortality Statistics	76
Factors Important in Analysis	77
Observed Measures	78
Crude Death Rate	78
Age-Specific Mortality	80
Measures for Comparing Age Patterns	94
Cause-Specific Mortality	100
Adjusted Summary Measures	111
Age-Adjusted/Age-Standardized Measures	112
Appendix 3.1 Standard Errors for Random Variability of Mortality Statistics	129
References and Suggested Readings	131

4	The Life Table	135
	Definitions and Anatomy	135
	Definitions and Types	135
	Functions of the Standard Unabridged Life Table	137
	Construction of the Standard Life Table	141
	General Considerations	141
	Construction of the Complete Standard Life Table	142
	Construction of an Abridged Life Table	148
	Other Types of Basic Life Tables	158
	Analysis of the Standard Life Table	164
	Level and Age Pattern of Deaths	164
	Limitations of Standard Life Tables and Proposed Adjustments	173
	Synthetic vs. Real Cohorts	173
	Other Limitations	174
	Proposed Adjustments of the Standard Life Table	175
	Extensions of the Standard Life Table	177
	Multiple-Decrement Tables	177
	Cause-of-Death Elimination Life Tables	178
	Multiple Increment-Decrement Tables	184
	Applications of the Life Table	186
	Demographic Applications	186
	The Longevity Dividend	198
	Some Socioeconomic and Public Health Applications	202
	Appendix 4.1 Some Life Table Relations in Continuous Notation	206
	Appendix 4.2 Arriaga Method of Decomposing Change in Life Expectancy at Birth Among Age Groups	208
	References and Suggested Readings	213
5	Measures of Health Status, Functioning, and Use of Health Services	217
	Concepts of Health Conditions and Classification of Diseases	217
	Concepts of Health Conditions	217
	Classification of Diseases	218
	Population Measures of Health	219
	Prevalence Ratios and Incidence Rates	219
	Age-Specific and Age-Cause-Specific Measures	220
	Survival Period for a Disease	230
	Age, Period, and Cohort Effects on Health Measures	233
	Concepts and Measures of Functioning	241
	Concepts and Classification of Functioning	241
	Assessing Disability	245
	Population Measures of Disability	246
	Other Measures of Functioning	249
	Measuring Mental Health	252

Measures of Overall Health Status	253
Subjective Health Status and Subjective Survival	253
Evaluating Health Progress	254
Physiological Measures	255
Measures of Use and Availability of Health Services and Support Systems	260
Selected Measures of Use of Health Providers	260
Formal and Informal Support	261
Appendix 5.1 Method of Calculating the Historical Trend in the Median Age of Disablement	262
References and Suggested Readings	263
Part III Mortality and Morbidity Considered Jointly and in Relation to Fertility, Migration, and Population Age-Sex Structure	
6 Health Inequalities, General Trends in Mortality and Morbidity, and Associated Factors	271
Measurement of Inequality of Mortality and Health	271
Introductory Methodological Notes	271
Measures of Inequality Within Countries	272
Measurement of International Inequality	280
Principal Trends and Causes of Mortality	282
Trends in the United States	282
International Trends	291
Principal Causes and Trends of Morbidity	295
Mental Diseases	295
Neurological Conditions	298
Chronic Physical Diseases of Later Life	300
Common Infectious Diseases	303
Epidemiological and Health Transitions	304
The Epidemiological Transition	304
Health Transitions	305
Summary Note on Developments in Mortality and Morbidity	309
Factors Associated with Mortality and Morbidity	310
General Overview: Biological, Social, Individual, and Stochastic factors	310
Biological Factors	311
Environmental and Ecological Factors	317
Lifestyle and Behavior	320
The Stochastic (Chance) Factor	337
Interrelations of Genetic and Nongenetic Factors	338
Early Life Influences on Health and Mortality in Later Life	342

Reclassification of Diseases According to Social/Preventive Causes.....	346
Limited Effectiveness of Personal Behavior in Retarding Age-Related Health Changes	347
Demographic Characteristics of the Disabled and Nursing Home Populations	348
Disabled Population	348
Nursing-Home Population	352
References and Suggested Readings	354
7 Demographic and Socioeconomic Group Differences in Morbidity and Mortality	363
Concepts of Group Differences	364
Some Measures of Group Differences	366
Simple Comparisons.....	366
More Complex Comparisons.....	367
Demographic and Socioeconomic Explanatory Variables	375
Selection vs. Causation	376
Demographic and Socioeconomic Characteristics	378
Gender Differences	378
Differences Between the Races and Hispanics/non-Hispanics	385
Marital Status and Family Arrangements.....	395
Socioeconomic Status	399
Religious Participation	408
Use of Small-Area Data for Analysis of Health Variations.....	409
Variation in Quality of Health Care and Access to Health Care	414
Concluding Note	415
References and Suggested Readings	415
8 Gauging Population Health: Measures Linking Mortality and Morbidity	423
Relation Between Changes in Mortality and Changes in Morbidity	423
Measurement of Healthy/Active/Disability-Free Life Expectancy	425
Prevalence-Ratio Method	426
Event-Exposure Method.....	435
The Multistate Life Table	441
Microsimulation and Health Status Transitions	455
Measurement of Health-Related Quality of Life	455
Quality-Adjusted Life Years	456
Disability-Adjusted Life Years.....	457
Other Measures of Health-Related Quality of Life	462
Calculation of the Health Life Cycle.....	463
References and Suggested Readings	463

9	Reproductive Health	469
	Definition, Sources, and Quality of Data	469
	Definition	469
	Sources and Limitations of Data	470
	Collecting Data on Sensitive Subjects	471
	General Characteristics of Reproductive Health Studies	472
	Biodemographic Concepts.....	472
	Fetal Sex Ratio and the Sex Ratio at Birth	472
	Age at Menarche, Age at Menopause, and Length of the Reproductive Period	476
	Fecundity, Fertility, and Reproductive Aging	482
	Maternal and Perinatal Health.....	492
	Maternal Mortality.....	492
	Pregnancy Losses	495
	Perinatal Mortality	508
	Factors Important in Maternal and Perinatal Mortality	509
	Family Planning and Sexual Health.....	513
	Role of Family Planning	513
	Concepts of Effectiveness of Contraception.....	513
	Contraceptive Methods and Prevalence.....	514
	Sexual Health	520
	Monitoring and Evaluation	522
	Appendix 9.1	523
	Appendix 9.2	523
	References and Suggested Readings	525
10	Health and Migration	533
	Introduction	533
	International Migration	535
	Sources and Limitations of Data	535
	Background Data on Immigration	537
	Health Issues as Determinants and Consequences of Migration	537
	Internal Migration.....	551
	Sources and Limitations of U.S. Data	551
	Health Issues as Determinants and Consequences of Migration	553
	Temporary, Seasonal, and Circular Migration.....	561
	Temporary and Seasonal Migration.....	561
	Circular Migration	562
	Migration and Mental Health.....	563
	Health and Mortality of Refugee and Internally Displaced Populations ..	566
	Background Situation	566
	Deriving Demographic and Health Data.....	569
	References and Suggested Readings	574

11	Special Health Issues in Less Developed Countries	579
	Introduction	579
	Sources and Quality of Data for Less Developed Countries.....	579
	General Context for the Health Situation in the Less Developed Countries	580
	General Burden of Disease by Region	583
	Life Expectancy, Maternal Mortality, and Undernutrition	583
	Health Expectancy	583
	Burden of Disease	585
	Leading Causes of Death and Disease	586
	Noncommunicable Diseases	586
	Communicable Diseases	595
	Leading Causes of Disability.....	610
	Leading Risk Factors Accounting for Disease, Injury, and Disability	611
	Culture/Lifestyle, Poverty, and Disease.....	612
	Traditional Medicine	615
	Relation to Animals and Zoonotic Diseases.....	616
	Lifestyle Factors	618
	Family Planning, Poverty, and Disease	619
	Environment, Poverty, and Disease	620
	Lack of Clean Water, Poor Sanitation, and Air Pollution.....	620
	Chemical and Biological Contamination of the Food Supply	623
	Extremes of Weather, Famine, and Malnutrition.....	624
	Financial, Geographic, and Cultural Barriers to Accessing Health Care	635
	References and Suggested Readings	636
12	Interrelations of Health, Mortality, and Age Structure	641
	Concepts and Measures of Aging	642
	Concepts of Aging	642
	Measures of Population Aging	643
	Trends and Consequences of Population Aging	654
	Trends in Population Aging	654
	Consequences of Rapid Population Aging	656
	Health Dependency Ratios	663
	Models of Mortality, Morbidity, and Age Structure.....	665
	Construction of Model Life Tables	666
	Models of Age Structure Linked to Mortality Models.....	674
	Relationships Between Mortality and Age Structure of Western Populations.....	676
	Models of Morbidity and Disability	678
	Appendix 12.1: MORTPAK	678
	References and Suggested Readings	679

Part IV Theories of Aging and Longevity and Projections of Mortality and Health

13 Concepts and Theories of Longevity	685
Concepts of Longevity	685
Individual Measures	686
Population Measures	687
Sources of and Quality of Data	689
Analysis of Changes at Very Advanced Ages	693
Historical and Theoretical Evidence for Increased Longevity	694
Demographic Perspective	695
Epidemiological Perspective	704
Biological and Biomedical Perspectives	705
Evolutionary Perspective	711
Engineering Reliability Theory	714
Research Programs to Increase Longevity	715
Improving the Functioning of the Immune and Endocrine Systems	717
Genetic Alterations	718
Organ Regeneration and Replacement	720
Caloric Restriction	720
Pharmacological Interventions	721
Robot-Assisted Surgery and New Uses of Imaging Devices	722
Electronic Medical Record-Keeping and Bioinformatics	723
References and Suggested Readings	724
14 Models of Aging, Health, and Mortality, and Mortality/Health Projections	731
Models of Aging, Health, and Mortality	731
Reprise on Causation of Health Outcomes	731
Concepts of Individual Aging Trajectories	732
Concepts of Mortality/Morbidity Trajectories	737
Mortality and Health Projection Models	741
Mortality Projections	742
Projections of Health Conditions	760
References and Suggested Readings	768
Part V Applications to Health Policy and Health Administration	
Scope of Part V	775
15 Health Policy	777
More Developed Countries	777
Health Promotion/Disease Prevention vs. Treatment/Cure of Diseases ...	778
Adding More Years vs. Improving the Quality of Years Lived	780

Allocation of Resources Between Research on Specific Diseases and on Research on Aging Processes	783
Inequality in Health Risks and Treatment	786
Factors and Trends in the Costs of Health Care	792
Issues in Health Insurance and Effects on Mortality and Morbidity	804
Demographic and Economic Factors Affecting U.S. Entitlement Programs	812
Less Developed Countries	821
Some Problems Facing the Health Systems of LDC	822
Paying for Health Care	823
The Global Health Funding Crisis	824
International Goals and Assessment of Progress	826
References and Suggested Readings	828
16 Applied Health Demography	833
Area Population Estimates and Projections for Public Health Programs..	833
Establishing a New Health Facility or Expanding an Old One	834
Note on Methods of Estimation and Projection of Subnational Population	836
Indicators of the Local Health Situation	838
Estimation of Health Characteristics of Small Areas	840
Design-Based Estimates: Small Area Estimates from Sample Surveys	841
Model-Based Estimates: Use of Indirect Data	841
Graphic Devices for Health Analysis	850
Data Portrayal and Analysis	850
Types of Thematic Maps and Their Uses	851
Geographic Information Systems	855
Projections of the Health Situation and Resources	862
Projections of the Health Situation	862
Projections of Health Resources	863
Planning for Public Health Emergency Services	866
Measuring Vulnerable Populations and Losses in a Disaster	866
Measuring Excess Deaths and the Excess Death Rate	867
References and Suggested Readings	873
17 Some Ethical and Legal Aspects of Health Demography	877
Fertility Issues	877
Genetic Testing and Gene Therapy	877
Sex Determination of Births	878
Assisted Reproductive Technology	879
Human Cloning	880
Fertility at Unconventional Ages	881
Issues in Female Reproductive Rights	882
Right to Parenthood	885

Mortality/Health Issues	888
Implications of Extension of Human Longevity	888
The Right to Die vs. the Obligation to Live	889
Stem Cell Research and Bone Marrow and Organ Transplantation ..	893
Provision of Health Care	899
Genetic Testing and Gene Therapy	908
References and Suggested Readings	913
Appendixes	915
Appendix 1: Selected List of Journals in the English Language for the Study of Health Demography	915
General Internet Sources of Data on Health Demography	916
Appendix 2: Review of General Analytic Devices and Special Survey Methods.....	917
General Analytic Devices	917
Ecological Analysis.....	917
Cohort Analysis.....	918
Multivariate Logistic Regression	919
Proportional Hazards Models	920
Grade-of-Membership Analysis	922
Meta-Analysis	923
Propensity Score	924
Special Survey Methods	925
Techniques for Collecting Sensitive Data	925
Survey Design for Rare Events: Multiplicity/Network Sampling	926
References and Suggested Readings	928
Appendix 3: Glossary	930
Appendix 4: Classifications of Countries and Regions	960
Appendix 5: List of Abbreviations and Acronyms	963
Index	965