## Contents

xiii

Author's Note

Introduction: We Just Wanted Happy Kids

|           | Part I                              |    |
|-----------|-------------------------------------|----|
|           | Healers Can Harm                    |    |
| Chapter 1 | Iatrogenesis                        | 3  |
| Chapter 2 | A Crisis in the Era of Therapy      | 14 |
| Chapter 3 | Bad Therapy                         | 39 |
|           |                                     |    |
|           | Part II                             |    |
|           | Therapy Goes Airborne               |    |
| Chapter 4 | Social-Emotional Meddling           | 69 |
| Chapter 5 | The Schools Are Filled with Shadows | 89 |
|           |                                     |    |

| Chapter 6     | Trauma Kings                     | 107 |
|---------------|----------------------------------|-----|
| Chapter 7     | Hunting, Fishing, Mining:        |     |
|               | Mental Health Survey Mischief    | 137 |
| Chapter 8     | Full of Empathy and Mean as Hell | 155 |
| Chapter 9     | The Road Paved by Gentle Parents | 164 |
| Chapter 10    | Spare the Rod, Drug the Child    | 197 |
|               |                                  |     |
|               | Part III                         |     |
|               | Maybe There's Nothing            |     |
|               | Wrong with Our Kids              |     |
| Chapter 11    | This Will Be Our Final Session   | 213 |
| Chapter 12    | Spoons Out                       | 236 |
| Acknowledg    | aments                           | 251 |
| Notes         |                                  | 253 |
| Select Biblio | ography                          | 295 |
|               |                                  |     |