Contents

Li	st of Contributors	vii
Fo	preword to the Second Edition	x
PA	ART I AN OVERVIEW	
	troduction: The Therapy Contract – A Mutual Commitment harlotte Sills	3
1	Contracts and Contract Making Charlotte Sills	9
PA	ART II THEORETICAL APPROACHES	27
2	The Use of Contracts in the Psychodynamic/ Psychoanalytic Approach Michael Jacobs	29
3	Cognitive Therapy: A Down-to-earth and Accessible Approach Frank Wills	41
4	Contracting within Person-centred Counselling and Psychotherapy Mike Worrall	52
PA	RT III TYPES AND CONSIDERATIONS	61
5	Outcome-focused Contracts Ian Stewart	63
6	Process Contracts Adrienne Lee	74
7	Contracts and Harmful Behaviour Geoff Mothersole	87
8	Making Contracts with Different Personality Types Charlotte Sills and Max Wide	98

recent publication on this topic to Peychotheropy and the Lair Cuestions and

sineino) & iv

9 Congacia, Ethics and the Law

Peter Jankins

PARTIN CONTRACTS AND CONTEXTS

E ist i Moban Cooperative Industrial Area

TACK Publications Asia-Pacific Pts Lid.

- 120-11 4 425-1-4129-2066-7 (pbk)

Spirits Library Catelogucius in Publication deta

9	Contracts, Ethics and the Law Peter Jenkins	109
PAR	RT IV CONTRACTS AND CONTEXTS	117
10	Contracts, Complexity and Challenge Keith Tudor	119
11	Choosing a Time-limited Counselling or Psychotherapy Contract Jenifer Elton Wilson	Foreword to the Second Edward Welly Covered by Many 2015 and 1737
12	Therapy Contracts with Trainee Practitioners Brigid Proctor and Charlotte Sills	152
13	Contracting in Supervision Brigid Proctor	iostinoO bas sinstinoO sille ettohand 161
App	pendix I Contract for Counselling Relationship	MADITURE II 175
App		ni siospiacO to esU sci 178 soundA obvisnacciovs9
App	pendix III Consent form for Body-oriented Psychotherapy Treatment	adopel leedalla 180 3 Cognitive Therapy: A D
Inde	ex	dosouqua oldicaeco/183

a distribution Contracts with Different Personally 19 109 with interest was a secretary as

Amiliaeura Deringo-comes nidilw grittoedaco b

PART III. TYPES AND CONSIDERATIONS

Contracts and Harmful Behaviour

abilit and hins allic encirodit

versation over hors.

5 - Outcome-focused Contracts

Mario Worrall

ion Stewort

6 Process Contracts

sal smerbA

Georganine Lines