

# CONTENTS

<i>About the authors</i>	vii
<i>Preface to Second Edition</i>	ix
<i>Acknowledgement</i>	xi
1 Introduction	1
2 The theoretical foundations of IPA	7
3 Planning an IPA research study	35
4 Collecting data	53
5 Analysis	75
6 Writing	109
7 Advanced designs and innovative approaches	119
8 Connecting IPA with perspectives in the human sciences	133
9 Assessing validity and quality	147
10 Research Exemplar A: Health and illness	155
11 Research Exemplar B: Psychological distress	169
12 Research Exemplar C: Identities and life transitions	183
13 Conclusion and reflections on future developments	195
<i>References</i>	199
<i>Index</i>	217