

# Contents

Preface.....	ix
Series Editor.....	xi
Author .....	xiii

<b>Chapter 1</b> Introduction to Virtual Reality (VR) .....	1
1.1    Introduction .....	1
1.2    Examples of Applications of VR.....	4
1.2.1    Introduction .....	4
1.2.2    Training Using VR .....	6
1.2.3    Ergonomics and VR .....	11
1.2.4    Support for Risk Assessment in the Context of VR .....	13
1.2.5    The Design and Evaluation of Workplaces .....	14
1.2.6    Testing of Protective Devices .....	15
1.2.7    Telepresence Implemented Using VR .....	15
1.2.8    Training in Rehabilitation Using VR .....	20
1.2.9    Support in the Investigation of Accidents at Work....	24
<b>Chapter 2</b> Virtual Reality as a Training Tool .....	25
2.1    Introduction .....	25
2.1.1    The Illusion of Spatial Presence in VR.....	25
2.1.2    An Outline of the Theoretical Model of Spatial Presence.....	26
2.1.3    The Consequences of Creating an Impression of Presence.....	26
2.2    Involving the Sense of Touch during Training Simulation – A Method for Increasing the Efficiency of Training Processes.....	27
2.3    The Training of Miners Working in an Underground Hard Coal Mine – An Example of a Training Applied via a Virtual Environment.....	34
2.4    Training Firefighters – An Example of a Training Application for People Who Collaborate with Each Other ....	43
2.5    Vehicle Simulators – Driver and Machine Operator Training .....	45
2.5.1    Introduction .....	45
2.5.2    A Method for Presenting the Image .....	46
2.5.3    Elements of Force Feedback .....	49
2.6    Information and Communication Technology (ICT) Tools for Supporting Analysis and the Modification of Training Processes.....	50

<b>Chapter 3</b>	Increasing the Cognitive Skills of Workers via Virtual Environments .....	51
3.1	Introduction .....	51
3.1.1	Cognitive Aging .....	51
3.1.2	The Use of Modern Technology by the Elderly – Technology Acceptance Model .....	52
3.1.3	Methodology of Psychological Research Using Virtual Environments.....	53
3.1.4	VR in the Context of Training (Professional Activation) .....	54
3.2	Research Goal.....	55
3.3	Test Procedure .....	56
3.4	The Prepared Virtual Environment.....	57
3.4.1	Construction of a Virtual Workplace .....	57
3.4.2	Algorithm for Operating the Virtual Workstation .....	58
3.4.3	The Adaptive Part .....	58
3.4.4	The Training Part .....	62
3.4.5	Results File .....	63
3.5	Preparation of the Test Stand in the Form of a Simplified Workplace.....	64
3.6	Results Obtained .....	65
3.6.1	Descriptive Statistics .....	65
3.6.2	Simulator Sickness .....	65
3.6.3	Attention and Perceptiveness Test.....	67
3.6.4	Mental Fatigue.....	69
3.6.5	Preparation for the Study and Adaptation to the Virtual Environment .....	70
3.6.6	Assessment of the Level of Control over Performing the Tasks at the Workstation .....	71
3.6.7	Training Effectiveness.....	72
3.7	Testing Hypotheses.....	73
3.7.1	Older Adults Adapt to the Task Performed in a Virtual Environment in the Same Way as Younger Adults.....	73
3.7.2	Training Young Adults in a Virtual Environment Is More Effective Than Training Using Other Methods.....	74
3.7.3	Training Older Adults in a Virtual Environment Is More Effective Than Training Using Other Methods.....	75
3.7.4	Training in a Virtual Environment Is More Effective for Older Adults .....	75
3.7.5	Training in a Virtual Environment Has the Same Effect on the Well-Being of Older Adults and Younger Adults .....	76
3.8	Summary .....	77

<b>Chapter 4</b>	Testing Workstations in Virtual Reality – An Example of Cooperation with a Robot (Collaborative Robot).....	79
4.1	Introduction .....	79
4.2	Assumptions and Research Methodology .....	79
4.3	Registering Data during Tests .....	83
4.4	The Preparation of Surveys .....	83
4.5	Test Procedure .....	83
4.6	Course and Results of the Tests.....	86
4.7	Analysis of Statistical Data .....	86
4.8	Survey Results .....	89
4.8.1	Spatial Presence Questionnaire (SPQ).....	89
4.8.2	STAI – Anxiety as a Trait and Condition Scale.....	90
4.8.3	Mood .....	90
4.8.4	NARS – Negative Attitude toward Robots Scale .....	90
4.8.5	Attitude and Behavior toward Robots .....	92
4.9	Conclusions.....	93
4.10	Summary .....	94
<b>Chapter 5</b>	Virtual Reality in the Adaptation of Workstations and Workplaces .....	97
5.1	Introduction .....	97
5.2	Research Methodology .....	99
5.3	Results and Conclusions .....	100
5.4	Sample Workstation Recreated in a Virtual Environment .....	103
5.5	Computer Tools to Support Design, Ergonomic Assessment, and Adaptation of Workstations to the Needs of People with Disabilities, Based on Anthropometric Data.....	106
5.6	Summary .....	107
<b>Chapter 6</b>	The Use of Virtual Environments to Support the Selection of Protective Systems for Machines in Order to Reduce the Risk Associated with Their Operation .....	109
6.1	Introduction .....	109
6.2	Method for Testing VBDP Software .....	110
6.3	An Example of the Potential Use of a Vision System on an Assembly Line .....	112
6.4	An Example of the Potential Use of a Vision System to Ensure Safe Human–Robot Collaboration .....	114
6.5	Typical Image Analysis Methods Used in Optoelectronic Protective Devices Equipped with a Vision System .....	114
6.6	Summary .....	117

<b>Chapter 7</b>	Numerical Simulations in Virtual Environments .....	119
7.1	Introduction .....	119
7.2	Virtual Environments for Reconstruction of Accidents at Work .....	119
7.2.1	Introduction .....	119
7.2.2	Reconstruction Procedure .....	120
7.2.3	Numerical Simulation Methods .....	121
7.2.4	Example Injury Assessment Criteria.....	123
7.2.5	Example of a Reconstruction of an Accident Involving a Forklift .....	127
7.2.6	Visualization of a Numerical Reconstruction of an Accident at Work .....	131
7.3	Virtual Environments for Testing Protective Devices.....	131
7.3.1	Introduction .....	131
7.3.2	Examples of Safety Components That Protect the Operator against the Effects of an Accident .....	134
7.3.3	Use of Numerical Simulations to Assess Injuries ....	135
7.3.4	A Comparison of Operator Protection Elements Based on the Results of Numerical Simulations .....	135
7.3.5	Conclusion .....	144
7.4	VR Supports the Process of Collecting Data on People's Behavior Just before an Accident at Work Occurs .....	145
7.4.1	Introduction .....	145
7.4.2	Procedure and Test Results .....	147
7.4.3	Summary .....	151
<b>Chapter 8</b>	Summary .....	153
<b>References</b>	.....	157
<b>Index</b>	.....	167