Contents

	Foreword	
	Acknowledgments	
1.	Introduction	
Sec	tion I. The Contribution of Sport to Development Objectives	
2.	Sport in Development Work and Peace-building	
2.1	The potential of sport to contribute	
2.2	Adopting sport as a tool in development and peace	
2.3	The growth of sport in development and peace work	
2.4	The positive use of sport	
2.5	Delivering effective sport interventions	
3.	Using Sport to Advance Development Objectives	
3.1	Development and peace, the Commonwealth context	
3.2	Defining sport	
3.3	Principles for using sport to advance development and peace	
	3.3.1 Principles to strengthen sport-based approaches	
	and connect them to established policy domains within	
	Commonwealth development work	
	3.3.2 Principles to maximise positive outcomes and	
	minimise negative consequences	
4.	Advancing Youth Development through Sport	
4.1	Policy priorities	
4.2	How sport can contribute	
4.3	Case study examples	
5.	Advancing Health through Sport	
5.1		
5.2	How sport can contribute	
5.3	Case study examples	
6.	Advancing Goals for Education through Sport	
6.1	Policy priorities	
6.2	How sport can contribute	
6.3	Case study examples	

7.	Advancing Gender Equality through Sport	39
7.1	Policy priorities	39
7.2	How sport can contribute	40
7.3	Case study examples	44
8.	Advancing Equality and Inclusion through Sport	47
8.1	Policy priorities	47
8.2	How sport can contribute	48
8.3	Case study examples	51
9.	Advancing Peace and Stability through Sport	55
9.1	Policy priorities	55
9.2	How sport can contribute	56
9.3	Case study examples	58
Sect	ion II. A Framework for Advancing Development in the	
	Commonwealth through Sport	
10.	Guidance for Analysing, Planning and Monitoring SDP	61
10.1	Framework functions	62
10.2	Using the framework	63
11.	Framework Part 1: Development Objectives	
	and Stakeholders	65
11.1	Primary development objectives	65
11.2	Policy domains	65
11.3	Stakeholders and actors	66
12.	Framework Part 2: Policy, Strategy and	
	Support Mechanisms	67
12.1	Overview of principles for strengthening the contribution	
	of sport to development objectives	67
12.2	Principle 1: Upholding the Commonwealth's shared	
	values and commitment to promoting development,	
	democracy and diversity	70
12.3	Principle 2: Leveraging sustainable, quality and	
	on-going sport activity to deliver intentionally planned	
	development interventions	74
12.4	Principle 3: Integration with the development sector in	
	support of development priorities	81

12.5	Principle 4: Fully accessible programming ensuring	
	leaders and participants are safeguarded at all times,	
	in particular children and those vulnerable to	
	gender-based violence	86
12.6	Principle 5: Decentralised delivery with	
	community ownership	93
12.7	Principle 6: Evidence-based programming,	
	monitoring and evaluation	98
	Authors and contributors	102
	Notes	104
	References	105