

Contents

| | |
|--|-----------|
| Foreword | 5 |
| 1. Woman and maternity | 7 |
| 1.1. I like it inside you | 9 |
| 1.1.1. Factors with main influence on physiological foetal development | 9 |
| 1.1.1.1. Protection | 10 |
| 1.2. "Mum, I cling to you very strongly" (connection between foetus and mother) | 14 |
| 1.3. Pathway inception to independence | 15 |
| 2. I am here, I am looking at the world | 16 |
| 2.1. Stages of the neonatal age | 17 |
| 2.2. Did I come at the right time? (classification of newborns according to gestational age) | 17 |
| 2.3. Am I lean, fat or am I OK? (classification of newborns according to prenatal nutritional status) | 17 |
| 2.4. Investigation of the newborn | 19 |
| 2.4.1. Estimation of gestational age | 19 |
| 2.4.2. The first investigation of the newborn | 20 |
| 2.4.3. Investigation according to Apgar scoring system | 21 |
| 2.5. What do I look like when they are looking at me (surface anatomy of the newborn) | 22 |
| 2.5.1. I also hide a piece of anatomy in my body | 23 |
| 2.5.1.1. Anatomical peculiarities on the skull | 23 |
| 2.5.1.2. Anatomical peculiarities on the chest | 24 |
| 2.6. The relationship between mother and child | 25 |
| 2.7. When can the newborn be ill? (clinical features of diseases during neonatal age) | 26 |
| 2.8. Adults look at me for something all the time (screening investigation) | 27 |
| 2.8.1. Basic screening | 29 |
| 2.8.2. Selective screening | 31 |
| 2.9. I am in danger of life | 32 |
| 3. I was born before the official date (preterm newborn) | 34 |
| 3.1. Care of the preterm newborn immediately after birth | 35 |
| 3.1.1. Complications of prematurity | 36 |
| 3.1.1.1. Neurological complications | 38 |
| 3.1.1.2. Respiratory complications | 42 |
| 3.1.1.3. Cardiac complications | 57 |
| 3.1.1.4. Gastrointestinal complications | 63 |
| 3.1.1.5. Eye complications | 72 |

| | |
|---|------------|
| 4. Mature newborn | 74 |
| 4.1. Now is the optimal time, I am going to visit the world (term newborn) | 74 |
| 4.2. I am a little bit lazy, I do not want to visit the world (post-term newborn) | 75 |
| 4.3. I was a little bit suffocated. What will happen to me? (asphyxiated newborn) | 76 |
| 4.4. I have problems with breathing | 81 |
| 5. I have problems with my blood | 87 |
| 5.1. I am very pale, because I am anaemic | 87 |
| 5.2. I have a thick blood (hyperviscosity syndrome) | 88 |
| 5.3. Help me, I am bleeding, may be I am lacking something (haemorrhagic disease of the newborn) | 91 |
| 6. I am yellow, I want to sleep and I do not want to drink milk (differential diagnosis of jaundice) | 94 |
| 6.1. Unconjugated hyperbilirubinaemia | 97 |
| 6.2. Conjugated hyperbilirubinaemia..... | 102 |
| 7. Is my weight optimal? | 105 |
| 7.1. I am too small (hypotrophic newborn) | 105 |
| 7.2. I am very large (hypertrophic newborn) | 108 |
| 7.2.1. Newborn of a mother with diabetes mellitus | 108 |
| 8. Infection in the newborn | 112 |
| 9. Birth trauma | 116 |
| 10. Neonatal abstinence syndrome (neonatal withdrawal syndrome) | 120 |
| 11. I am hungry (nutrition) | 123 |
| 12. I am different, something has changed my development and has harmed me | 125 |
| 12.1. Congenital infection | 125 |
| 12.2. Most frequent numerical chromosomal abnormalities | 126 |
| 13. Principles and special treatment in the newborn | 131 |
| 14. Conclusion | 132 |
| ... a few final remarks | 133 |
| List of tables | 135 |
| List of figures | 136 |
| List of pictures | 137 |
| Literature | 138 |