Contents

List of Maps v

About Vancouver 1

The Look of the City, Getting Oriented, History, Population, Weather, Major Industries

Essential Information 11

Emergency Phone Numbers, Major Hospitals, Motor Vehicles, Travel Information, Public Holidays, Lost and Found, Foreign Visitors, Banking, Churches and Synagogues, Sales Taxes, Post Office, Late-Night Services, Babysitting, Liquor/Beer/Wine, Radio, Television, Newspapers and Periodicals

Where to Stay 19

Hotels, Alternative Accommodation, Bed and Breakfast, Trailer Parks/Campgrounds

Restaurants 39

Breakfast/Brunch, Bakery Cafés, Lunch, Seafood, Pizza, Vegetarian, Late Night, Outdoors, With a View, Espresso Bars, By Nationality, By Location

Getting Around 65

Public Transit, Coach Lines, Cars, Taxis, Limousine Service, Trains, Ferries, Vancouver International Airport, Flights to Victoria

Sightseeing 81

The Sights, Granville Island, Royal Hudson/MV *Britannia* Excursion, Chinatown, Touring Vancouver, Special Interest Tours, Calendar of Events

Parks/Beaches/Gardens 101

In the City: Dr Sun Yat-sen Classical Chinese Garden, Jericho Beach to Spanish Banks, Queen Elizabeth Park/Bloedel Conservatory, Stanley Park, VanDusen Botanical Garden At the University of British Columbia: Nitobe Memorial Garden, UBC Botanical Garden, Pacific Spirit Regional Park (University Endowment Lands) On the North Shore: Capilano River Regional Park, Grouse Mountain, Lynn Canyon Park, Lighthouse Park, Mount Seymour Provincial Park, Seymour Demonstration Forest Other: George C. Reifel Migratory Bird Sanctuary

Museums/Art Galleries 123

First Thursday, Major Museums, Other Museums, Public Art Galleries, Major Private Galleries, Artist-Run Galleries, Photo Galleries, Indian or Inuit (Eskimo) Galleries, Craft Galleries

Entertainment/Culture 135

Theatre, Classical Music, Dance

Nightlife 143

Jazz, Rhythm and Blues, Comedy, Nice Quiet Bars, Lively Pubs and Bars, Nightclubs, Gay Clubs

Sports/Recreation 149

Auto Racing, Camping, Canoeing/Kayaking/Rowing, Cruising, Cycling, Fishing, Golf, Hiking/Mountaineering/Indoor Climbing Walls, Horse Racing, In-Line Skating, Jogging, Professional Sports, Rafting, Sailing, Scuba Diving, Skating, Skiing, Swimming, Tennis, Windsurfing

Shopping 175

Shopping Areas, Accessories and Extras, Art Supplies, Auctions/Antiques/Oriental Rugs, Books and Magazines, Books (Used), Clothing, Home Furnishings, Kitchenware, Outdoors Equipment, Photo Supplies/Film Processing, Recorded Music, Shoes (Men's and Women's), Souvenirs, Specialty Food Stores

With the Kids 195

Kids and Animals, Day Trips, Other Outings, Museums, Babysitting, Entertainment, Restaurants, Shopping

Excursions from Vancouver 207

Gulf Islands, Galiano Island, Mayne Island, Saltspring Island, Whistler

Index 229